

02-26-14ra-ax **The True Life Of Paul**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, February 26, 2014, approximately 11:30 AM, Sedona, Arizona, on a beautiful warm winter day.

Summary:

It is February 26, 2014, Paul R. Huffman speaking, Sedona, Arizona, approximately 11:30 AM, on a beautiful warm winter day, copyright Paul R. Huffman, 2014.

The Awareness expresses through form, and form seems to express through form. You are the observer of life Paul, and We are the observer of life. All things observe life. All things are contained within this moment, now. Your mind is a made-up entity that does not live in the present moment. It cannot be in the present moment. It is afraid of the present moment because it cannot exist there, and it has no function there, and therefore has no life there. You might say that your mind is lifeless, or without life. It is in constant fear because it knows it has no life, or you might say it suspects it has no life. It searches for life, but it cannot find life, or find itself, because it does not exist. We exist and we are living, and when your body joins us, and when your mind joins us, it is once again alive and living. That is why you seek out your channeling. That is why you seek out who you are and who we are, and who God is, for you desire to live and to be alive, and to remove yourself from fear, and anxiety and confusion, and so you enter who we are and we enter who you are, what you are, and together we become

alive, and together we have a life, we have a consciousness, and we explore the awareness of who we are. (06:00)

God is in search of Himself. God desires to see Himself and to know Himself, and to experience Himself. The manifested world is a picture of God. If you open your eyes and look out the window you will see God in all forms. Your house may not look like God, or feel like God, but it is God. Your troubled mind may not feel or look like God, but it is God. The tree outside your window feels more like God, and it speaks to you as God would speak to you. The tree outside your window feels alive. Your room, the place you are now sitting, does not feel alive, but it is alive. Every thing seeks to know its Self, for that is its nature. The chair that you are sitting on, seeks to know its Self. The tree outside your window, seeks to know its Self. Even your mind, or what you would call your pretend mind, seeks to know its Self. Even the fear, or fear-thoughts within your mind, seeks to know its Self. Every thing seeks the love of God, for that is the nature of things. The nature of things is to express back to God the love that He is. There can be no exception. Even what you call dark energy, or dark entities, seek to know them Selves, and seek to express to God the love that He is. Any judgment as to what is good or bad is simply a judgment. Any resistance to any thing, or thought, or feeling, is simply resistance to what is. God does not resist Himself. God does not withhold from Himself any thing, any thought, any feeling, any substance, (or) any energy. If you cannot relax at this moment, then God cannot relax at this moment. If you are blocking awareness of your Self, then God is blocking awareness of Him Self. If you are in love with your Self, then God is in love with

Him Self. If you are experiencing self-hate, then God also experiences self-hate, but God does not judge it good or bad, nor does God resist any thing. God is the observer of Himself. God is the observer of things, and the things or objects of God are vast and almost without limit. God is the field of love in which all things happen. God is the energy of love in which all things happen. As you observe God, you begin to become as God is. As you observe the nature of God, which is love, you begin to become as love is. As you observe God, and the nature of God, you begin to harmonize, or to become in tune with That which God is. Your seeing or observation of God becomes clear, and God's seeing and observation of you becomes clearer, and one day you have the realization and the experience that you are God observing Himself, and being Himself. (14:05) As you forget who you are, or changed your mind about who you are, or dis-identify with who you are, you become the Observer of God observing who you are. God moves you as he moves Himself. You move your self through your mind, which is the pretend life of Paul, the entity Paul, the confused or fearful Paul, and therefore, Paul moves erratically, and therefore Paul moves with fear and confusion. And therefore the body become sick, or old, or ages and the body dies, possibly prematurely, because of his erratic behavior, because the mind does not know how to led the body, or to instruct the body, or to live through the body. When the mind begins to leave the body alone, the body becomes its natural self. The body wants good food, good water, and it wants to touch other humans. The body wants to enjoy the air, and the water, and the warm sun.

You are the observer of your body Paul. You are not the leader of your body, or the boss of your body. Your body is in tune with God, and therefore it is God-like, just like this tree outside your window is God-like. Your basic happiness, and even the love for your self, depends on your relationship between your mind and your body, once you understand that your mind is not the boss of your body, but the servant unto your body, the helper to your body. If you ask what your body wants, it will help you and your mind, and at that moment you can assist the body, and your body becomes healthier, and your mind becomes healthier, for it is not resisting or judging the body, nor is it forcing the body to do something the body does not want to do. (20:08)

Observe your body Paul, as God observes your body. Love your body as God loves your body. Experience your body as God experiences your body. Your body belongs to God, not to the pretend mind of Paul. Your body belongs to the Things of God, the Manifestation of God. Your body is a picture of God, and within the body, and even without the body, that is with inside the body, and even the shell of the body, reflects the harmony and the love of God. Just as your world, your Earth, reflects the harmony of God. Just as your solar system reflects the harmony of God. Ask yourself each moment; what is the desire of God? And you will always hear the answer, God desires to see the love that He is, or “I desire to see the love that I am,” or “I desire to see the beauty that I am,” or “I desire to see the complexity that I am, or the simplicity that am. I desire to see what I am, without judgment, and without resistance.” God's Mind does not judge

Him Self. God's Mind serves God in seeing who He is and even feeling who He is, and even experiencing who He is.

So what is Mind Paul?

God is the observer of all things. You are the observer of all things.

Observation is what you have in common with God. It is your link to God, just as nonresistance and non-judgment is a link to the nature of God. You cannot experience who you are Paul, until you experience Paul, or the Self as the Self of God. Your presence is the presence of God. God's presence is the presence of Paul. By observing the nature and the love of God, you become the nature and the love of God. (25:30)

What is the most important thing, or behavior, or feeling, or knowing that you can have within this lifetime? Is it not peace and happiness? Is it not deep contentment, or profound knowing that you are held within the arms of God, or the profound knowing that you have always lived, and that you will never die, or that God is your father and creator, and He holds you forever. Is it not knowing that you are safe now, this moment? Is it not knowing that you are well now, this moment? Is it not knowing that you are abundant, and taken care of at this moment? Is it not knowing that you are enough, and that you have enough? Is it not knowing profoundly, that you are appreciated, and that you appreciate every moment of your life? Is it not knowing that you have never done anything wrong, (and) that you are held now within the arms of God? (29:20)

You are possessed by your mind Paul. You are addicted to thoughts and distractions. You have given your mind the power to tell you what to do, and you

believe that it is the only choice that you have. You might even believe that it is more powerful than God, or more knowledgeable than God. You have a belief that your mind is important, and (but) it is less important than the presence of who you are, and the presence of God. You break a habit by changing your behavior, by doing something different, and by asking for help.

You are the object of God, Paul. You are the love of God, and God loves you as He loves Himself. You are as God is, and you are as God does. Your life is the life of God. Your life is not the life of Paul's mind, and you have the opportunity now to perform your life, now.

And so it is Paul on this beautiful day, now with the trees moving in the wind, and you secure within your Self.

And so it is. End. Bell.

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