

04-13-14a PH Chan **God Witnessing Him Self**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, April 13, 2014, approximately 3:30 PM, Sedona, Arizona, on a spring day.

Summary: The Self of Paul is the instrument-witness of God and for God, and not the action-doer of life. Eventually Paul becomes God observing and experiencing God.

Is it not a beautiful day today Paul? The sun is shining and the birds are singing, and all is well in your world, a world of great beauty, a world of great harmony, and a world that needs nothing to be who and what it. And here you sit once again, wanting to know who and what you are, wanting some answers to who and what you are, wanting to know about life, and wanting to be comforted.

There is only one Reality. There is only one Presence. There is only one Awareness, and that awareness desires to know Itself, and even desires to be more of Itself. It desires to be seen and it desires to see who and what it is.

You live within a dream Paul. There is no good or bad. There is no judgment within the dream, but the dream is made out of the love of God for Himself. Your dream is a picture of this one Reality. It is not the one Reality, but it is a picture of God, and God's desires, and God's Mind, and it is a picture of the nature of God. If you see a beautiful tree with its form and color, you will see the picture of God. If you notice your own mind, and witness the stories within your mind, you will see the picture of your mind. You will see what you believe, and you will see the characteristics of your mind, of your particular consciousness. It is not necessarily a picture of God, for your mind has pinched off a part of reality, a part of the energy and the vastness of God, and it has created its own world. And it projects thoughts and feelings out into this world, for it to be seen, and shared with other small personality minds.

You are not the doer Paul. Your mind is not the doer. Your mind can witness the doing, and your mind can serve God so that God might see Him Self, and feel Him Self. But your mind does almost no-thing, nothing. It has thoughts

and beliefs and it pretends to be who you are as an individual self, and it attaches to your individual body, and it claims the body as its own. But your body belongs to God just as the stars in heaven, (or) in the heavens, belong to God. You do not own your earth, or own your moon, or own your central sun, and you certainly do not own your body. (12:05)

Your body moves independent of your mind. Your body moves and your mind claims that it has caused the body to move. The mind claims that it is inspired by thought, or an idea. The mind says this is me and this is not me. If you could be truly present Paul, you would notice that the body moves a fraction of a second before the mind can register its movement. And as the mind registers the body's movement, it will think, or have a thought, "I should move my hand up or down," and the hand appears to go up and down. But the hand has all ready moved up and down before the mind perceived its movement. (14:19) The mind is always late in its perception and that is because the mind interprets the movement of the body. The mind says this is happening, or that is happening, but the mind is always perceiving in the past. It can project into the future through accessing memory or even past history, and it can formulate an idea about the future. The mind can be so corrupted by conditioning, and by memories within the body (the body-mind), that it moves the body into harms way. It can move the body to situations where the body will hurt other people, or (the body) itself would become hurt. If the mind hates itself, then it will also hate others (events, things and people). If the mind is judgmental, then it will judge its self as well as others. The less and less power that your mind has, or the less and less conditioning, or the less and less thoughts of self-hate, or anger, the mind will begin to relax, and it will realize that it is powerless to do anything other than surrender to the power of God, and become the tool for God, just as your body can be the tool for this picture of God.

God desires to see Him Self within the pure movement, and the pure reflection-image that He is. As you relax your mind, you become more and more the harmonious picture of God. As you relax your body, the body naturally reverts back into harmony with the world, and with your solar system. You would think it

odd, would you not, if your moon decided to change course, and elongate its circular path around Earth, or if it decided to spin on its axis, or if it decided to move a couple hundred thousand miles away from the earth? You would say, “Well, how can the moon create its own orbit, or change its course,” or “How can the moon have its own individual will and intelligence to make such changes.” And yet you, Paul, think that you are doing something and making decisions every moment, “Paul will talk to Donna, Paul will clean his garage, Paul now will find some food, Paul will invite Joanne over for a movie, and Paul will print out these papers,” when in fact, Paul is doing nothing.

The moon has no power to change its course, nor does it desire such power. You have no power Paul, to change the course of events in your life, and yet you seek power in order to make changes within your life. You feel it is your right to do so. You might even feel that it is your God given right to make changes in your life, and to better yourself, and to seek God, and seek who you are. (24:00)

God says, “Show me the love that I am. Demonstrate the love that I am.” And through His will, His conscious will, Stillness begins to move and form a living picture, a moving picture of God at that moment. God is the doer through His desire to see Him Self, and you are the demonstration of God Paul, you are the display of God, and you are the action of That which is inside of God. You are not the doer, nor are you the creator of movement. The picture of God already exists. The movement of God already exists. The image of God already exists. There is nothing for you to do, nor is it possible for you to do anything.

If you move against your natural inherent characteristic as the demonstration of God, you will create a sickness within your body, you will create a disharmony and the body will die. Thoughts within your mind of ‘doing’ are not real. Action thoughts, or beliefs, within your mind are not real. They (thoughts) are always in the past, and they are always interpretations of the actions of God. If your Moon believed that it was causing its rotation around the earth, then that belief, or thought, would always occur after the fact of the movement. The Moon might believe that it is the individual cause of its rotation around the earth, but

that is not true, and it sounds ridiculous. It sounds untrue, and yet your mind believes that it is the cause of its self, and that it is the cause of past, present, and future movement. And yet, you accept this as rational. You accept this as the truth, and your neighbor accepts this as the truth, and therefore there is an agreement in your world; that the individual causes the movement of the individual. And therefore, there is a dream of individuals causing movement, and doing things in your world. And from the perspective of your mind and memory, it appears that the individual is causing the action, and it is not. (31:20)

All that you can do Paul is interpret the actions of the body after they have occurred, and you interpret the actions of the body within what it (ego-mind) perceives as the present moment. "I am now lifting my hand, and I am now putting my hand down upon my lap." And so the mind-ego interprets the action and concludes that it caused the action, when indeed the action already occurred naturally through the conditioning of the body, or through the love of God.

The body acts naturally. This is a very difficult reality for the small mind (to accept) Paul. The mind is full of concepts and beliefs. The mind can conceptualize this truth, but it has a great deal of difficulty believing this reality, or truth, and that is because it cannot, at least in your case at this time, witness the body within the present moment. If you could witness the body within the present moment, you will notice that it will move and then you will interpret the movement within your mind. (34:45) The function of the mind is as the Observer. It is the witness to what is happening. It is not designed to interpret what is happening, because it does not know what is happening, nor can it fully understand what is happening.

The Mind of God moves through the body of Paul, because Paul's body is the manifestation of the Mind of God. God's Mind is that which sees His reality, His world, or His reflection of Him Self. God's Mind projects this inner picture of God out into space and time, and the Mind of God witnesses, or observes, or sees That which is of God, That which is God in the form of an image. Your existence Paul is a result of God's Mind seeing It Self, seeing the picture of God, and therefore, what you call your mind is an extension of the Mind of God, as

your body is an extension of the Mind of God. And so, as your body moves and demonstrates God, [and so] your mind sees and observes the demonstration of God. The physical world, and what you would call even the non-physical world, demonstrates the picture of God, which is always love in movement, harmony and peace in movement. If your mind thinks that it is not moving within this ocean of love, and peace, and harmony, then the mind is not correct, nor is it truthful, nor does exist within the Reality of God's mind. The mind becomes an aberration, a fantasy, and the disharmony of the mind causes disharmony of the body, and the body experiences pain and suffering, and it demonstrates pain and suffering. The purpose of your mind is the observer, the witness to God's world, or Gods picture. God desires to see himself, God desires to see the love that He is, and thus He is displayed within a vast picture, within a vast... , you might even call it a (vast) sub-reality, a reflection of the inner Stillness of God. (43:31) The nature of mind is to see and to witness, and it also has joy and even bless in this process of witnessing. As you become the witness, as you become the vehicle from which God witnesses Him Self, you as the vehicle, as the object of God, become the peace and the joy and the love of God. If you cannot allow the thought that you are the awareness of God seeing Him Self, allow the thought that you are the vehicle from which God witnesses and sees himself. It is but a small step from being a vehicle, or the witness, to being that which is witnessing, or that which witnesses, or the awareness of God seeing him Self. (46:20)

Then, what are thoughts? You might define thoughts as small particle-pictures of God. They are not limited by time or space. If you can imagine this vast picture of God, and as you move closer to this picture of God, you notice that it is made out of particles, or pixels. There are little tiny pictures that make up this whole picture, and that is a thought. And these tiny little particles of thoughts move back and forth from the surface of this picture, and they are alive, and they appear to have movement. You are a thought of God, Paul. You are thought of this picture, and you move back-and-forth from the surface of this picture, and therefore you appear to be in movement, but from a distance you appear as part of this picture. You appear as part of the whole, and you are as important and

necessary as any part of this picture, (as) any particle on the surface of this picture. Every thought-particle is as important and necessary as the other particle- thought-picture. Without your presence Paul, without the thought of Paul, there would be a hole within the picture of God. There would be a gap. There would be some thing, (or) some thought that was missing. And so, every particle-thought-picture that you see before you makes up the picture of God. And it is indeed critically important that it exists, and that it appears before you for God to see, and even to feel and to experience. Without you Paul, there would be part of God missing. Without your neighbor, there would be part of God's missing. With a single star in the sky at night missing, there would be a part of God missing. And when you look out into the world Paul, even with misperception, even with faulty sight, you can sense that it should be there; that it is necessary that it is there. Your world should be before you. The stars at night should exist before you. There is nothing out of place within your world Paul. There is nothing out of place within the universe. (54:20) If you are interpreting the world before you as somehow wrong, or misplaced, then you are perceiving incorrectly; you are not seeing through the eyes (of God) nor the mind of God.

Is it not a simple idea Paul, a simple image? You, the "I" within you, is not the doer. It is the observer, the witness to What Is (Reality). You are not the interpreter. You are the witness to What Is. As you, as the "I," the self, surrender into real time, and move from the false mind of Paul into the Mind of God, you will begin to perceive Reality. You will begin to see as God sees, and you will feel the joy of seeing as God feels the joy of seeing. You will feel the peace of God. You will feel the love of God as God moves through you, the object and the instrument of God. You are the instrument of seeing and observing. You are the instrument of feeling your world, and experiencing your world. (58:15)

God feels Him Self through you, as the thought and image of God, as the thought-particle that moves on this surface-picture of God. You appear to be moving, but it is simply God moving you, and breathing you, and being you. When you stop the interpretation, when you stop the pretend mind from

interpreting, you will indeed feel the presence of God moving you, and moving through you.

And so today, you are the vehicle of God experiencing being the vehicle of God. And tomorrow, you will become That which God Is, experiencing That which He Is. And so, the picture will become complete, for you value and accept who you are within thoughts, (and) in the Mind and the picture of God. You will know first that you are invaluable to God, and then second, that you are God valuing and loving Him Self. (102:35)

And so it is on this beautiful day, this day of sunshine, this day of a world spinning and revolving around your central sun, this day of harmony, this day of God seeing who and what He is, this day of joy, and peace, and love, and being peace joy and love.

And so it is. End. Bell.