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Mind: The Principle Of Balance

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Summary: Mind is a point of balance within the Now of Life. Mind is a thin line, or a point suspended between the past and the future, in which one balances, walks and lives. Mind is living and communicating the Presence of God. Mine is observing What Is Now, without thought, without resistance, and without judgment. A separate fantasy mind has a pretend consciousness, or a pretend self.

Is it not a beautiful day today, Paul? The sun is shining and the birds were singing, and all is well in your world, a world of great beauty and harmony, and a world that needs nothing, nothing, to be who and what it is.

And you need nothing Paul. You need no thoughts. You need to do nothing in order to be who and what you are. You are God's presence upon this earth, as all things of this earth represent God and are the manifestation of God. We are who you are Paul, as God is who you are. There can be no thing, nothing, outside of God. God cannot be divided. God is whole in His picture of Him Self. God is whole in His picture of you.

There is nothing but the love and the joy of God. God does not suffer unto Him Self. God does not exist for suffering. God is in love with Him Self. He knows only of love and He manifests only love. Love is balance, harmony and peace. If you look at your solar system, it is balanced, intelligent (Mind), and moves with the grace of God. It moves with the intelligence of God.

Your planet moves in the silence of space. It is warmed by your central sun. Your planet is in joy and it is in love, for it sees its self not as separate from its

Creator. It is in constant balance and perfection with the other bodies that surrounds it, with the stars, with your central sun, (and) with space. It does not suffer itself. (It does not cause itself suffering.) It does not think thoughts of disharmony. It does not know any thing, any thought, other than love for its self, and love for its relationships.

The earth does not judge that which is upon it. It does not judge that which is within it. It knows that it exists within the harmony of God, within God's kingdom, and it is thankful for its existence, and God is thankful for its existence, for God lives within this planet, as God lives within you. The body of God is whole and complete, and God sees (Mind) Himself and the love that He is. God moves and changes within His creation. God is in ecstasy, for love is ecstasy; it is completion, it is balance, it is harmony, and it is peace. (10:20)

God does not desire for any thing other than That Which He Is. Your planet does not desire, or fantasize about being some thing different than it is. And yet you, Paul (Paul's mind), fantasize about being different. You desire to be different. You want to be different and yet you are what you are. You think that you must be different in order to be happy, to be in joy, to be in ecstasy. Joy, happiness and ecstasy, occurs at this moment. It does not occur in the past. It does not occur in the future.

The moment of balance [and peace and harmony] is Now. One of the principles of mind, you might even call this a principle of creation, (or a principle) of manifestation, is that mind occurs Now. A future mind does not exist. A past mind does not exist. If you are thinking about the future, you are fantasizing, you

are not within your Mind, you are indeed, out of your Mind. If you are thinking about the past, you are indeed bringing up the memory, and we would even call this a fantasy, for memory is not always correct, or true. If you are thinking about the past, you are in the form of fantasy, and you are indeed out of your Mind.

(14:16)

The Mind of God is always present. The mind of God is always a balance between the past and the future. You might call it the apex of the triangle. If you were (are about) to walk a tight rope, or cable high above the ground, you are probably not thinking about what you are going to have for dinner, or what you had for dinner yesterday. If you have your hands, or your arms outstretched, or you have a large pole for balance, you are trying to stay on the cable, and balance yourself on the cable. If you fell from this cable, your life would be no more. You would experience falling, but your body could not take the impact of the ground, and it would die.

What we are giving you today, Paul, is The Principle of Balance, The Principal of Focus, or The Principle of Being Here Now. If your Mind is present and balanced, you are indeed connected to our Mind, God's Mind, the Mind of this Earth, the Mind of this solar system, and your Mind cannot be in fantasy. It cannot be in the past or the future, and it indeed cannot not suffer. The Mind cannot suffer its self when it is present and balanced. (18:31)

The man or the woman, who walks the tight rope high in the air, are relaxed and comfortable with their environment. They have been doing it for many years. Their bodies are accustomed to achieving a balance, and they enjoy the

presence of Mind. As they prepare for their tight group walk, they may be in fear. They may be worried about the wind, or about the moisture in the air, or about the right shoes. [they are wearing.] They may be thinking did they get enough sleep last night, or they be thinking how they feel. But once this person is upon this rope, or cable, and begin to breathe rhythmically, and begin to balance their breathing and their body, they began to relax, for this is what they do for a living, this is what they do for enjoyment. And they love what they do and they are in bliss, happiness. They are in the moment, (and) they are in balance as they walk upon this tight cable.

Understanding Mind, is understanding balance. Understanding Mind, is understanding the presence of who you are, and it is understanding the Presence of God. If you understand the Mind of God, and if you understand the Mind of who We are, or the Holy Spirit, or your Mind, as it is held within you at your highest level, as your Mind is held within God, you will begin to understand the mind of Paul. You will begin to understand this lower (pretend) mind, or this untrained mind, or this unbalanced mind, or the mind that you claim is yours, or the mind that suffers its self, or the every day mind.

You think Paul, that suffering, separation, pain, is a way of life. You think that happiness and joy, and ecstasy, is beyond your reach this lifetime, and it is not. The God of your Being, that Which You Are, lives within you, and it is hidden, it is suppressed, but the God of your Being exists, as it has always existed within you. But you have adopted a position, a thought, a fantasy, or a philosophy that lays itself upon this God that is within you. Each thought that is

not of love, adds a layer, a veil, over this You, this love that exist within You. It adds a layer, a veil, over the love that exists within you. If you have 10,000 thoughts of that which is not love, you have 10,000 veils, or layers, on top of That Which Is Love. (28:20)

Your true Mind exists now. It exists within you as a point of balance. It is indeed, a very, very thin line, but it is there. It is indeed a very small point of who You are, but it is there. And as you discover this line, or this cable that stretches out before you, and stretches into the heart of God, you will begin to walk this line. You will begin to balance your self, and you will become more and more comfortable with this line, with this cable, that is suspended high above your life, high above misery and pain. If you fall off this line, you fall into suffering and fear. Each time you climb back upon this high place, each time you practice walking on this place of balance, you will become more and more comfortable. You will find, that it is indeed, the most comfortable place that you can be. It is indeed your life, Paul, this place of Now, this place of no memory, and no future. It is your home. It is your place of balance. It is your place of love, and it leads into God's heart. And it is tied to your heart, Paul, and the heart of all things. (31:58)

What is Mind, Paul? Is not Mind wanting to know, seeking peace, seeking information, and seeking comfort and love. Is not Mind happiness, joy, and security? Mind is desiring to see What Is. God says to Him Self, "Show me the love that I Am. Demonstrated the love that I Am." And thus God observes Him Self. He becomes that which He observes. He becomes Alive. Alive.

Mind is intelligence; it is how God communicates with Him Self. Mind is the joy of sharing, the joy of being. Mind is the opposite of separation, or division. You must be present and balanced, in order to understand Mind, and to be within Mind. To be within Mind, is connection and wholeness. To be outside of mind, or out of mind, is fear and loneliness, and suffering. Mind is observing the presence of Now. Mine is observing What Is Now, without thought, without resistance, and without judgment. Thoughts are pictures, or they are possibilities. You might say that thought is a picture of what could be, what could be manifested, what could be made, (or) what could be created. You might say that Mind sees a picture of What Is, Now.

A separate mind has a separate consciousness. If you are out of your mind, and you are into a fantasy mind, then you have a fantasy consciousness, or a shadow consciousness, and therefore a shadow life, a life that is not the life of God, a fantasy life. And it is possible that that fantasy life can suffer, and live in fear.

And so it is Paul, on this beautiful day, this day of balance and presence, and this day of love. End. Bell.