

02-12-12a PH Chan, Title: **Mind Is Reflective**

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Paul R. Huffman spoke and transcribed the following message from a digital recording.

Summary: Creating some thing from no thing is not possible. (The word create means “to cause, to come into existence.”)

Every thing in ‘creation,’ or the universe is brought forth from the interior substance of God, which already exists.

There is absolutely nothing you must do, to be who and what you are. God moves you and provides for you each moment.

Every moment within your life should be the drawing forth from that which is inside of God.

God arranges Reality.

The only path, and the only hope for your mind, and for your thoughts, and for your life, is to return into the Mind of God.

Is it not a beautiful day today Paul? The sun is trying to shine through these clouds. The wind is blowing through the trees, and all is well in your world, a world of great joy, a world of great harmony, a world that needs nothing to be who and what is.

And here you sit, waiting. You need to do nothing to be who and what you are. And here you sit wondering who you are, wondering about life, wondering what to do next, and wondering how your life will end. Life is now, Paul. It is not tomorrow. It is not this afternoon. It is now. How are you feeling now? What are

you feeling now? Who are you now? You have no power (in the future) an hour from now. You have no power (in the past) a few minutes ago. You can only change your self now! (You only have the power to change your self now!) You can only be happy now!

Mind is a great gift. Mind brings you awareness. Mind brings to interpretation, observation, and Mind brings you joy, peace, and happiness. The body will age and die. The world changes, and it too, will die one of these days. The beauty (of the world) that you see with these eyes will be no more. Paul will be no more.

Mind is a field of energy and it is a result of desire. You have a desire to be, to exist, to be alive, to be some thing, and that desire creates a vast field of energy, in which you project your self into, (or) within. So, That Which You Are, has a desire to be, a desire to know its Self, and a desire to see the love that it is.

God desires to see Himself, to know Himself, to be alive within this world, within this universe. God desires to see the beauty that He is, and thus you were born. That Which You Are was given birth by God, so He could be alive within His Mind, within this field of energy. Every thing was born from God's desire to see and to feel, (and) to be the love that He is. God desires to be alive, and thus from the energy of His desire, from the power within Himself, sprang forth some thing outward, like a great call, a great sound, but this sound is the sound of desire, of wanting. And this great sound produced a field of energy, vast, almost without end, and God shone a light from the inside of Himself, into this field of energy. He did not make up the things within this field of energy from nothing, but

His desire brought forth That Which He is, and it shone upon this field of energy. You might call it a reflection of light, or a reflection of what is inside of God, but the picture of God was projected out from the inside of God. There are no imaginations, there are no things made up in your universe, for it is all from the inside of God, and it exists through desire, through the light and the love of God.

When you look in the mirror you [will] see the light and the love of God.

When you look out upon your ocean, or your forest, you see the beauty of God.

When you look upon your cities you see a man's interpretation of God. When you see the creations (makings) of man from man's small mind, from man's separated and isolated mind, you see that which is inside of the mind of man.

(17:47) When you look out upon an ocean, or a forest, you see what is inside of the Mind of God. When man's mind surrenders to the Mind of God, then man works with God, cooperates with God, in building that which is of God. For when man builds, designs, (and) creates from the Mind of God, that which he creates is from the interior of God. And therefore man creates as God creates (reflects), and man is One with God, and God is One with man. And thus your particular world will only succeed, will only be in balance with nature as man surrenders his mind into the Mind of God. No other way is possible. No other way is probable.

(20:55) Man wonders out loud how to work with nature, how to build a city that matches the energy and vibration of a forest, and there is only one answer, there is only one way. If a man wishes, (or) desires, to build a temple to God, he must become as God is. He must move himself into the interior of God, in order to express that which is of God.

And so, what is mind? First, there is only one Mind, one true Mind, and that is the Mind of God. Second, mine is not creative. Mind is reflective. Mind reflects that which is inside of God. God did not create Himself. God is Himself. He has always been Himself. God did not create you. God pulled forth from that which is inside of Himself, and placed it outside of Himself, in light and (in) movement. You Paul were not created from no thing. You were created from some thing. You were created from the substance of God, or more correctly, we should say, you were brought forth into the light, from the substance of God. And so, if you write, write from the substance of God. If you draw, draw from the substance of God. If you build a building, build from the substance of God. If you think, think from the substance of God. Every moment within your life should be the drawing forth from that which is inside of God, and therefore every thought is a thought about the inside, the substance of God. And the substance of God is endless, limitless variations of love, endless variations of joy and peace.

You ask how should Paul be? How should Paul act and move about this world? Paul acts and becomes from the substance of God, from the interior of God. Paul does not create his life. Paul does not create his life. Paul reflects the life of God. Paul moves from room to room, as that which is inside of God moves from room to room. As Paul has an idea, it originates from the Mind of God. As Paul has a desire, it originates from the desire of God. As Paul desires to see him self and the love that he is, that desire originated with God's desire to see the love that He is. (30:56)

And so what is mind? It is the reflective substance, (and the) quality- value- quantity of God. And so what is your mind Paul? It is God's desire to see Himself and the love that He is. Your mind, Paul, is a field of energy, which is God's field of energy. Your mind is not your particular desires, your particular wants, or fantasies. Your mind is held within the Mind of God, for it is the Mind of God. There is no other possibility. Your life and mind is not about fantasy. It is not about creation. It is the reality of God, the substance of God. When your mind pinched itself off, separated itself off from the mind of God, it floated free into an unknown world, and unreal world, a world of fantasy, a world of guessing who and what it was, a world of separation, and a world of fear. The only path, and the only hope for your mind, and for your thoughts, and for your life, is to return into the Mind of God, into that which God desires, into God's field of energy, into the substance of God, the reflection of God. This is why we say that your thoughts are meaningless, your fantasies are meaningless, the pictures in your mind are meaningless, and your creations are meaningless, for they exist in a world that does not (really) exist. They exist in reality that is not Reality. (37:12)

And so, there is only one Mind, and there is only the thoughts and pictures from the Mind of God, from the interior of God, from the heart of God. There is no such thing, Paul, as creativity. There is no such thing as creation, as you mean creation (to cause, to come into existence from no thing), as you understand creation. God does not create the universe. He brings the universe forward from that which already exists. (39:25) He brings the universe forward, from His own Substance, from His own Reality, and He shines this interior Self in front of

Himself, and thus you are seen, and thus you exist in light and love, and in Mind. And you move within God's Mind alive, playful, and yet you also exist within the interior, or the heart of God. And within this interior is profound peace and stillness. (40:32)

And in your world, and in [all of] the universe, you exist alive, in movement, in time, in space, and thus you play before God, and thus you are seen by God, for God sees Himself in movement. God sees the reflection of Himself within you, Paul, and thus God is in joy and in love and thus you are in joy, and in love.

And what is mind, Paul? It is the reflective substance of That Which Is God. It is the interior of God reflected outward, projected outward. It is the image and the form of God, projected from the is-ness of God.

And what are thoughts, Paul? They are pictures and symbols that represent what God Is. (True) thoughts do not create new images and pictures. Thoughts only reflect symbols and pictures within the heart of God, within the substance of God. You cannot rearrange thoughts correctly within your own mind. Thoughts are rearranged and combined within the Mind of God, and they are given to you to repeat, to write down. Thoughts are not creative, Paul, they are reflective. They are a reflection of That Which Is God. Thoughts are arranged in pictures, which tell the story of God, from the inside of God. (45:45)

If you have thoughts of fear and lack, disregard them. If you have thoughts of shame and unworthiness, disregard them as meaningless, as a fantasy of your mind. If you arrange thoughts and pictures within your mind of fear, disregard them, for they are meaningless. The only understanding of reality is held within

the Mind of God. The only true images, (or) pictures, are held within the Mind of God. God arranges reality. God moves the planets around the sun. God grows the trees, Paul. God places the stars in the heavens. You do not. There is absolutely no work on your part. There is absolutely no thinking on your part. There are absolutely no arrangements on your part. You are the joy and love of God. There is absolutely nothing that you need to do, to be the love and the joy of God. God arranges your life. God does your life. There is nothing that you need to do, but to be moved by God. There is absolutely nothing that you must do, but to be moved by God within the joy and the love of His world, His world, His reality. (50:05)

If you feel that you must find food and shelter and money, you are wrong, for God moves you, and God arranges your life. God gives you birth and God takes you from this earth. And God places you here, or there, or God returns you into his Heart. Your life is held by God, always, each moment, and there is absolutely nothing you must do, to be who and what you are. There is absolutely nothing you need to do, to be, to be alive, to be alive. (52:05)

And so it is today, Paul, and so it is this day, a day of no thinking, no decisions, no arranging, a day of being, a day of walking in the forest and appreciating That Which You Are. End. Bell.