

03-25-12a PH Chan **The Life Of God (A Summary Of Teachings)**

Copyright © 2012 by Paul R. Huffman, Sedona, AZ.

The following text was transcribed from Paul R. Huffman's digital voice recording in Sedona, Arizona, March 25, 2012, at 12 PM, on a warm winter day.

Summary: Your life is God's life, not the pretend life of the mind-self. There is only One life, One consciousness, One Mind, and One existence, for God seeks to know Him Self through His creations. God can only be who and what He is as you can only be who and what you are. The separated mind will choose suffering, death, and pain in order to have limited life existence. Your attention is focused on an unreality, a path that sacrifices your true life. The pretend life of the mind is a temporary high, a temporary moment of feeling in control. Giving up the pretend life of a separated self is like giving up an addiction. When you surrender your mind and life into the Mind and Life of God, you become As God Is, you become As You Are. The pretend life must have veils of ignorance, veils of misperceptions, in order to exist and be separate.

Is it not a beautiful day today Paul? The sun is shining, the birds are singing, and all is well in your world. A world that needs nothing to be who and what it is, a world that is in harmony with itself, a world that loves itself, and a world that is itself.

You need do no thing Paul, to be who and what you are. You are not outside of your Self. There is no thing that is outside of who you are. You cannot be some thing that you are not. God cannot be some thing that He is not. God cannot pretend to be that which He is not. You can pretend to have a life, that is

Paul's life (Paul's mind), but that life is a fantasy, it is not real. It is not who Paul is and it is not who God is, and it does not exist within the reality of God's creation, God's world.

You swim in an ocean of love, constantly. You are held by God and within God, constantly. God has never left you and you have never left God. Your life is the Life of God. He has no other life. You have no other life. Creation is the life of God, and you can perceive yourself as separate from creation, and from the life of God, but that perception is only temporary. It is not Reality. God has only one life. There is only one picture of God, and you are held within this picture of God, within this movement of God, within the intelligence and knowing of God. There are no separated parts. There is no individual mind. There is no individual personality. The person, the substance, is that of God. Creation has its own personality, its own substance, its own knowing and intelligence. And that is who you are, for God seeks Him Self. God does not seek you as an individual, or as an individual personality. God does not seek out your fears, or your fantasies, for they do not exist. God can only be who and what He is. You can only be who and what you are. You can perceive separation, you can perceive an individual mind, and in that perception of an individual mind and individual personality, individual purposes and goals, you feel alone. You feel separated. You feel isolated. You feel victimized by your circumstance, and therefore you suffer, not because of reality, not because of God, or love. You suffer because you choose to separate your Self from reality. You choose to pretend that you do not exist within God's world, God's creation. You choose separation and that which is not love, when

separation and that which is not love does not exist in the real world, the real Reality of God's Kingdom.

And why would you choose such a fantasy, such an unreality and therefore separation and suffering? (11:30) The separated mind will choose suffering, death, pain, in order to have a life, in order to have a limited existence. [Your mind,] your pretend mind is of creation, and of the gifts of God, and of the power of God. Your mind can create as God creates, and it has created a reality for you, unto you, that does not exist, in order for it to be the god of your being, in order for it to experience dominance, in order for it to experience the qualities of God, even though those characteristics and qualities are limited. (13:35)

And so your attention is focused on an unreality. Your attention is focused on a reality that does not exist. Your attention is focused on a way of life, a path of life that leads to death, suffering, confusion, lack of knowledge, misunderstanding, (and) misperception, in order to have a few moments of control, a few moments of dominance, (and) a few moments of godlike power. But you sacrifice your attention, your time, your body, 99% of your life, in order to feel that you are above God, and beyond God, in order to feel the power of separation, the power of what love is not. You must understand that you have chosen a path that sacrifices your own life, that sacrifices God seeing and knowing himself, in order for your consciousness, your awareness, your attention, to feel a few moments of individual power, of individual grandeur, and individual control over your circumstances, (and) over your environment. (17:30)

You have become lost in a reality that does not exist, but that reality has become familiar and even comfortable, and yet that reality sacrifices who you are. It sacrifices the presence of God. It sacrifices happiness and joy. And so you experience suffering. You experience what love is not. You experience separation from God and from everything that is meaningful. And once in a while you feel in control. You feel good about your self, your individual self. You feel good about your life and your purpose, but that feeling does not last does it? It is a temporary high, a temporary moment of joy. And as soon as you feel it, because you are separated from God, that feeling dissipates into depression, and not knowing.

Giving up the pretend self is very much like giving up an addiction to alcohol, or to food, or to sugar. You feel inflated, expanded for a few moments, and then you crash, you feel depressed, but you seek out this cycle for you are addicted to these moments of feeling in control, feeling the god of your being.

There is no such thing as control (of the Self). There is no such thing as having your own life. It is like walking up to a tree, and asking the tree, "Where is the other (self) part of you? Do you not have a twin? Do you not have another self that is hiding?" The tree would tell you that it is what you see, that there is no other tree other than the tree that you see. If someone would walk up to you and ask you about your self, or who you are, you (your pretend self-mind) would give them your name, your history, your occupation, and you would tell a story about your self. You were born in a certain state. You were born at a certain time, (and) date. You might even name the names of your parents and where they were

born. And you would explain that you were raised possibly in a small town, and your father did this for a living, and you might talk about your high school and your college, and what led you to where you are now. And all that you say to that person may be true, if you believe that you have your own life, and that you have some control over your life, and that you have some choice, as to how to perform your life. (25:05)

The truth is that you have no separate life from that which created you, from that which gave you life, that which gave you breath and presence. You exist within the heart and substance of God, and God shines forth the Stillness that is within Him Self, and you are projected onto and into creation. And through you, God sees Him Self. He sees His own movement, His own light, and His own substance. He is not concerned about the drama that you perceive around your life. God is interested in knowing Him Self and seeing the love that He is. You may feel that you exist in time, and that there is a certain progression within your life. You were born, you can see that you are aging, and you can also guess, or perceive, that you will [probably] die, and the body will turn into dust, back into the earth. And that may concern you, but it does not concern God. God sees you as Him Self, and He sees you as Him Self forever, and forever, within the vastness of His life, His creation.

If your mind is separated from the Mind of God, from the Love of God, from the Peace of God, from the forever-ness of God's Mind, then your mind and perception is limited. Your life is limited. But when you surrender your mind and your life into the Mind of God, into the Heart of God, where it exist now, no matter

what you think or what you feel, it exist now within the substance of God, within the Mind of God. And so, when you surrender who you think you are, back into what you are, you become as God is, you become as God thinks and is, you become as you are. And you have a relationship with God that is real, and you have a life with God that is real.

There is only the perception of separation, and then there is surrender, and then the knowing that your life is the Life of God, that there is no separation, that there is no death, and that there is no fear. There is only the feeling of oneness and love of That Which You Are. There can be no other possibility, unless you wish, (or) desire to separate yourself from That Which You Are, and to experience separation, and to experience suffering, and to experience (the) fear of separation. (32:50)

Separating from God was indeed a creative process. It was a desire to know what love was not, in order to experience what love was not. There is nothing wrong with this creative process. There is absolutely nothing wrong with experiencing what love is not. The question is, 'Have you had enough of this experience?' Are you ready to return to the experience of love and peace and wholeness, or do you wish to experience more separation, more suffering, and a pretend life of nothingness? It is indeed a choice, Paul, for We speak to you within the Unity of God, and We await your return. We can see that you are not happy, and that you suffer under the illusion and delusion of separation, and so We offer you a way to return home to who We are and what God is. There is absolutely no right or wrong, no judgment. You can stay within your individual life

for many more incarnations upon your world, or a similar world, but there will be a moment as you are doing now, a moment as you are doing now, that you will wonder out loud, or within your mind, that there must be a better way to do life, that there must be a better way to feel life. (37:00)

And you must understand at a certain moment in time, that life is not a mystery, that God is not a mystery, and that who you are is not a mystery, but that you must have a veil of mystery, a veil of not knowing, in order to pretend that you are separate from God. The pretend life must have certain veils, a certain not knowing, [you might even say] a certain ignorance, in order to exist and be separate.

Who you are is in fact known. Who and what God is, is in fact a known. Your purpose is known. God's purpose is known. All that is in creation is held in the Mind of God. And your home (existence) and your mind are held in the Mind of God. What God knows, you know. God does not withhold Him Self from Him Self. God desires to see the love, and to know the love that He is. And you are that picture. You are the movement of God, and thus God knows and sees Him Self through you, and thus you know your self and see your self through God. There is no waiting to see your self, Paul. There is no waiting to know your self, for all this information and perception and understanding is instantaneous. There is no time lapse. There is no hesitation. There are no thousands of lifetimes to understand. The beauty and love that you are is occurring at this moment, and now at this next moment. The understanding of who you are is occurring at this

moment, now. Your life is forever, for it is the life of God. Your experience of life is forever, for your experience of life is the life of God.

The body is born, it matures and it dies, for it is the form of life. In order to have a beautiful flower, you must have the seed in the soil. It must grow. Its petals must spread open in order for you to see its beauty and to smell its aroma. And the flower, in time, wilts and becomes part of the soil again. (42:57) But it has spread its seed, and more and more of the flower and its offspring populate the ground. And from the beauty of one flower, now there are many, many flowers that give beauty to your eyes, and [they] carry the sweet smell of flowers [to your nose,] to your experience.

The non-mystery of life, a life without shadows, a life without suffering, a life filled with joy, the joy of being held within God's Mind and Heart, and a life unburdened (with) trying to be something that it is not. Unburdened (and free to be who and what it is).

And so it is on this beautiful day. End. Bell.