

04-16-12a PH Chan **What Is The Mind Of God?**

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The following text was transcribed from Paul R. Huffman's digital voice recording, April 16, 2012, approximately 8:30 AM, Sedona, Arizona, on a beautiful spring like day.

Summary: Mind is a communication tool between God and His Creation.

Quote: "Your mind is not designed to be closed. It is designed to be open and to receive and to give. It constantly surrenders itself to God. It constantly gives itself to God, so that God can see and know Himself. It resists nothing. It judges nothing. It observes everything. It is in love with everything. It is in joy with everything. It appreciates everything. It flows as a river flows downstream. It is like the waters of your earth. It is everywhere. It is like the air of your earth. It is everywhere."

Is it not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, and a world of great harmony, and a world that needs nothing to be whom and what it is.

And here you sit, waiting for God and That Which you are to arrive, to lessen your worry, to lessen your suffering, (and) to give you direction. The pretend life is difficult is it not? (The pretend life is) confusing, frightening, without peace, and certainly without joy, for the pretend mind is ask to do a job in which it cannot do. It is asked to be happy, to be plentiful, giving, altruistic, (and) compassionate. It is asked to be the God of your being, [by itself,] and by its society, and yet it has no capacity to make the greater decisions of your life. It is

very limited in its function. It is unsure of itself, and yet it can be angry, and frustrated, and act out as a small child acts out in frustration. (8:04)

We are not asking that you get rid of part of this 'self,' that you abandon your mind, that you abandon what society sees, or that you abandon your body, or your memories, or your language. What we are saying is that your (pretend) mind is a very small part of you. It is the servant unto you and your body (and God). It is not the God of your being. It is not the decision maker. Its knowledge is limited. Its understanding of who you are, is limited. It has a certain perspective, a certain perception of who you are and who the world is, and that perspective and perception is limited to itself. It has a particular personality, a particular life and existence, and it is not happy with its particular life and existence. It is seeking a better way to be. It is seeking answers for it knows it is limited and its limitations produce anger and frustration. Its limitations produce insecurity and even depression, and self-hate.

There is only One consciousness, (and) One awareness. You might even say there is only One voice, One thought, One desire, (and) One mind.

God desires to see the love that He is. God desires to know Him Self [Itself]. All that you see before you, all that you can perceive and see is God's desire to see Him Self, to know Him Self. This desire to know and to see is what you call 'Mind.' You might even call it information, thought, (or) knowing. Mind or thought, creates (shows, projects) a picture of God. It creates the Reality of God in form (and) in movement. When God holds Him Self Still within Him Self, with no desire, with no movement, just Him Self, His love held Still, God cannot see and

know Him Self, for He just is the Stillness. He just is the no-thing-ness. God must come from the Stillness into light and movement, in order to be seen. And so His desire to know what He is creates movement, and He comes forth from the Stillness. His desire creates light and movement, and a picture of the love and beauty that He is, and the joy that He is. And God communicates with Him Self through His Mind. All that is projected out from the Stillness communicates with each other (all that is), and with God, through Mind. You, as a created being, as a picture of God, from what is inside of God, communicate with this Stillness, with this desire [to want] to know, with that which God is. You communicate with consciousness (and) awareness, with perception and Knowing who you are. As you become something other than the Stillness, and you become movement and light and form, God never leaves you, and you [really] never leave the interior substance of God. You are projected outward into movement, but you are only a reflection, a mirror of the interior substance of God. (21:26)

If you project light through a slide-film onto a wall, you know that the slide-film has not left the projector. Only the light has left the projector and is now showing you the picture, or what (the image that) is on the slide. If you turn off the lamplight on the inside of the projector, the image disappears on the wall. The light is no more, and the image on the wall is no more, for it is held within the projector. (21:40)

Mind is awareness of what is being shown (the picture of God). Mind is the seeing, the consciousness of movement, and the consciousness of form.

In order to answer questions like, “Who am I, What am I, What is life, What is creation, What is God,” you must answer the question, “What is Mind,” for all questions and answers, and desiring to know, and knowing, and understanding, occur within this Field Of Mind. For within the Stillness, Mind is quite, Mind is not in movement, or in any way active. The Stillness is Who and What God Is, held still. It is the potential for knowing, the potential for movement, the potential for awareness, but it is where every thing, all things, all substance, all of creation, all of God is held Still. There is a sense of ‘home,’ a sense of security, a sense of peace, a sense of rest, a sense of deep relaxation, a sense of awareness, a sense that you are held still, a sense of contentment, a sense of forever-ness, even a sense that there is nothing else but this Stillness. It is an indescribable place of peace. (29:40) It is beyond words and description, but your mind, your consciousness Paul, can point to it. Your mind can attempt to describe it, for that is the nature of mind, that is the desire of mind to describe itself; to describe that which it observes.

And so God moves from His Stillness outward into light and form and movement, and then He looks back and describes Him Self. He points to Him Self. And in that pointing, in that description, is His expression of love for Him Self. He is in total joy of seeing Him Self. He does not judge Him Self, or weigh this is good and this is bad, or this is light and this is dark, or this form is better than this form. God simply sees that which He is and He is in total joy of His seeing.

Again Paul, you must understand the concept of Mind, in order to understand and point to the meaning of God, the understanding of God, and the understanding of what God Is. You Paul, in your form, your reality in form, has been projected out from the interior substance of God, and from your meditations from your experience of your Self, you have a feeling, or an experience of this interior substance of God. When we say the Stillness, your body, and that which you are relates to the Stillness, for you have memory of the Stillness, you have experience of the Stillness. You know that it exists at this moment, and you know that it exists within you. And so when we speak of experience and Stillness, you know of that which we speak. And when we speak of you in form and in movement, and in breath and in light, and in life, you can relate to that, you can relate to that which we speak of as who you are.

You identify with form, with this particular body, with this particular name and age, and person and human, upon this earth. You look down upon the ground and you say this is my earth. You look in the mirror and you say this is my body. You look up at the stars at night and they are familiar, and they give you a sense of place, of home. We come along and enter your awareness, we enter your field of energy, and we speak words through your mind and voice and body. So in some ways, your mind is receiving or your energy field is receiving, information in the form of words and feelings. (38:28) And so now, your awareness has been opened to new information, or a new reality, an expanded reality, and you begin to know and to believe, that there is more to Paul and his limited mind than he first realized, or thought about. And so your mind begins to

expand and to believe that there are more of you, there is more to you. There is not just the feeling of self-hate and self-doubt, but there is also the feeling of expanded awareness and love. And you are beginning to feel that there is more of you, that you are surrounded by a Presence that loves you, (and) that cares for you. (41:10)

And so your insecurities and your self-doubt begin to dissolve, because of your experience of your expanded Self. You might say that your mind is speaking to itself, (and) that your mind is communicating with itself. You also might say that your mind is describing itself to itself. Your mind wishes to know itself to see itself, or it desires to know and to see itself, and thus it moves itself, and what you call 'your self,' into action, into description of what it is. And thus God speaks to you Paul, and He says, "Show me the love that I am. Described to me that which I am." And thus God speaks to Him Self, within His Mind, within His movement, "Show Me the love that I Am. Show Me Who and What I Am. I desire to see and know My Self."

Your job is not complex, Paul. It is to open your awareness, open your awareness, and open your awareness, and as you do so, you experience more and more of What You Are, until you return directly back and into that which God is. And at that moment, God is having a direct experience of you, and you are having a direct experience of God. God sees Him Self as you in movement and in form, and you see your Self for what you are, the substance of God, the love of God, the love of the Self, the Self wanting and desiring to see its Self, the Self communicating with its Self, (and) the Self in joy of the communication of the

seeing. God is not working and stressing Him Self, over His desire to see Him Self, and know Him Self, God is in ecstasy and joy over that which He is. God is in love with Him Self and the wonder of Him Self. (47:40)

You may see your self as a singular event, a singular person, (and) a singular form. God sees you as the wholeness of the picture of Him self. Without you there would be no picture of Him Self. If one part of the picture is missing, the entire (the whole of the) picture is missing, or the entire picture is incomplete. God desires to see all that He is, and He does not exclude you from His picture. He does not exclude you from who He is. (49:01)

You must understand Paul, that your desire to know your Self, and see your Self, and to experience your Self now, at this moment, in love, is God's desire to see and know Him Self, in love. Your desire for peace and security is God's desire to know His peace and security.

Begin where you are Paul. Begin at this present moment, with your present feelings and knowledge. If you are speaking with us, with this particular information, then you speak of this particular information, you experience it, you absorb it, you become it, and your consciousness- awareness expands. We have said many times, that you are who we are and we are who you are, and that has become self-evident as we speak to you, as our minds speak to each other, as we communicate with you, (and) as we describe who you are to your Self. We are a reality. We are as real as you are. We are as real as your body, or this Earth, or this digital recorder, or the air that you breathe. And God is as real as the air that you breathe. For your consciousness, your awareness to believe and

to embrace the idea that you are God, or that you are God seeking Him Self, is a great leap of faith, a great leap within your belief system. But you are beginning to believe that we are real, and that we exist as you exist, and that there is a possibility that we are indeed who you are, and you are indeed who we are, for that thought and belief is comforting, and expands your view of yourself, and your world and God. As you embrace us as your decision-maker, and as you embrace us as the higher part of who you are, the wiser part of who you are, you abandon more and more the pretend self, the pretend life of who you are. You realize that your beliefs are limited and that your decision-making power is limited, within a limited mind, within a limited consciousness.

So, we ask that you begin where you are, and that you have faith in who We are, as who you are, so that we might pull you from your self and expand your knowledge of your self, expand your awareness of your self, and that you might feel the joy that we feel, the love that we feel, and thus your suffering as a small confined self is relieved. And thus your beliefs about your self are relieved.

This is a step-by-step process of unraveling your mind, and understanding what Mind is. Mind is simply a communication tool between God and all of Creation. It is Creation seeing God and God seeing Creation. Mind is Creation knowing, (seeing) and experiencing God, and God knowing and seeing and experiencing Creation. Mind communicates with itself. That is its purpose. Your mind talks to itself and that is what mind does, it communicates with itself, but it is not a separate entity. It belongs to the love and joy of God to see and know

Him Self. (Mind is God communicating with Him Self through Creation. Mind is the Presence of God observing Him Self.)

Your mind is not designed to be closed. It is designed to be open and receive and to give. It constantly surrenders itself to God. It constantly gives itself to God, so that God can see and know Himself. It resists nothing. It judges nothing. It observes everything. It is in love with everything. It is in joy with everything. It appreciates everything. It flows as a river flows downstream. It is like the waters of your earth. It is everywhere. It is like the air of your earth. It is everywhere.

Once you understand the nature of Mind, the qualities of Mind, you will begin to understand more and more of who you are, what you are, who We are, what We are, who God is, and what God is. And you will be free to show God the love that He is, to demonstrate to God the love that He is.

You are not free to do as you please Paul, but God is free to do as He pleases. Your mind thinks that it has a life because it is so closed and small, but you are free through the Will and the Mind of God. That is where your freedom lies, (and) that is where your peace lies. (1:04:20)

Understanding the expanded Mind of God will help you understand the expanded Mind of Paul, and the expand Self of Paul. Start where you are Paul. Look down at your body and feet, and find this first step, and as you make this first step, this moment, this day, look up into the heavens, look where you are going, place your hand on the hand rail and make the next step. Contemplated the nature of Self, the nature of Mind, and practice realizing that you are more

than you think you are, that you are more than your perceptions and your beliefs about your self. And as you describe where you are now, and what you know now, you will be in joy through the description of your Self, through the description of Mind and God. The more that you expand your Self, the more you are in joy, and the more that you are at peace. The opening and the expansion of your Mind, Paul, is your particular path. Your understanding of who you are, what you are, and who God is, and what God is, is your path. The expansion of the Self is your path, it is your destiny and it is your right to know, (and) it is your right to demystify.

And so is Paul on this beautiful day, a day that has just begun, and a day that belongs to God, the Self of God. End. Bell.