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## What is Time?

*Summary:*

*Time is a perception of the mind.*

*Time is relative within creation.*

*God does not have a concept of time.*

*God sees all of creation (Himself) in the "now."*

*Time appears to be natural but it is not.*

*The use of time or (control) is of the ego mind.*

Is it not a beautiful day today, Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, great harmony. There's nothing for you to do today except to relax and be in joy and be in this moment.

What is time, Paul? What is the meaning of time? You can certainly see time in the seasons, the spring and summer and fall and winter. You can see time as the Earth revolves on its axis from night to day and day to night. You can even witness the movement of the Earth as you watch a star at night as it is relatively fixed and your Earth moves. Time is a great mystery to most peoples of your Earth. Man uses the sun and the rotation of the Earth in order to fix a time or to tell time, to measure time. Animals use the seasons and the weather.

But there is, in many ways, no such thing as time. God's time is 'now.' You might say that God does not really understand your use of time. His communication, His love and joy for your and this world is now. NOW. In many ways you have all the time in the world. You are limitless in relationship to who you are with time. You as the image of God are without time.

God calls out to Himself, "Show Me the love that I am," and He moves His mind into movement, into the vastness of this place that you call creation. And creation moves very much like a wave on the ocean. You can have a wave, let's say in Japan, that will move all the way to the coast of California. And so within this picture of Himself, this God-picture, this creation, there is a moving creation. There is more or less moving pictures of who God is. And if you compare those pictures, if you give those pictures a relationship, then you might be able to measure the time between the pictures. There is a picture of creation now, and now there is another picture of creation. And now another picture of creation. And for those who are demonstrating God's love, for those who are within creation,

there seems to be a sense of time and a sense of relationship between the things of creation. There is distance, let's say, between the Earth and the sun or between the Earth and the moon. And that distance can be measured. You might even say it takes so many hours by spaceship between the Earth and the moon. Or so many seconds for the light from the sun to reach the Earth.

But for God to reach you, Paul, or to reach this Earth, or to reach the distant star, there is no time. God reaches you without time. He is always present. When God sees you, feels you, hears you, it is instant. There is absolutely no delay. This message that you are receiving is without time. This message is from God's mind, from our mind, our presence into your presence. It does not matter where we are for we are always here within you. It does not matter where God is, for He is always present.

It is the same story of the fish that is swimming in the water and the fish asks the next fish, where's the water. The fish is in the water, swimming, living, being in the water. And yet the fish may not have a concept or understanding of water. You are living in the NOW, in this moment without time. Who you are, Paul, does not experience time. That is, who you are does not experience distance or relative distance. Who you are is within this body and within God at the same time.

Creation is being created at this moment, NOW. Creation does not have a past nor does it have a future. God is seeing Himself now. Creation is happening NOW. God is not interested in a past creation nor is God interested in a future creation. God cannot be in the past. God can only be present NOW. That is why healing is instantaneous or revelation is instantaneous. Or your body is here sitting in this chair NOW and in the next NOW it's gone, as if it was never there. Your clothes would be sitting in a pile on this chair as gravity has pulled on the clothes and they collapse because there is no body, there is no one there to wear the clothes.

Everything is of thought. If God is not thinking of you, then you do not exist. The fact that you do exist at this moment and the next moment and the next moment means that you are being thought about NOW. God did not think about you 66 years ago and left you to grow, to be raised by your mother, to grow the body, to grow up, to become a man and now an older man. No stage of creation is happening unless God is present. A flower cannot move in the wind, cannot move at all unless God is thinking about that flower, thinking about the wind and God's thought, thoughts, allow the flower to be and allow the wind to move the

flower. Your Earth cannot rotate one inch without God thinking and being Himself. Himself being the Earth, the wind, you, stars, space. God does not have a concept of time, God just is. God is being who He is. He's in His nature; He's within His nature.

You worry about getting your work done, do you not, Paul? So many years left on this Earth, so many hours a day. "Will I live long enough to produce a book? How do I organize my day and become efficient with my time?" God's love shines through creation in perfect harmony. God does not schedule the rotation of the Earth around your sun and calculate its trajectory or that of the other planets (Mars, Venus, Jupiter, Pluto). God does not calculate the perfect timing of these planets rotating around the sun.

Do you calculate consciously, Paul, the blood flowing from your arteries and back through your veins and the right amount of oxygen that you receive from your lungs? Do you calculate every fine movement of your body? Do you stop and time your breath or your heart rate? Do you think to yourself, "Oh, its time to start breathing again." You just are, are you not? You're within this body and its own particular intelligence, its own particular rhythms carry you, provide for you.

The created world is the body of God and it is in harmony with itself, in cycle with itself, in movement with itself, in rhythm with itself because it is of God, it is of love. God desire to see Himself moves Himself out from His heart, from His stillness, out from this center of love into movement. He does not control any of it. For it is who He is. He is witnessing Himself. He loves Himself and He loves Himself and He loves Himself. And He desires to see the love that He is. He is discovering who He is. He is not trying to change who He is.

For you to cry out, "Oh God I am sick, heal me," God does not know what you are talking about. He sees you as healed and perfect. And within His creation you are healed and you are perfect. You are within the harmony and love and perfection of God. If you do not see yourself as well and perfect and in love and in harmony with all of God's creation then you can alter your body, you can alter this Earth and you can interrupt the harmonies and the love that you are. You can interrupt the harmonies and the love that this Earth is through your own particular will, through your own particular mind that sees itself as separate and unwell. There is nothing magic, nothing magic about instant healing, instant love, instant being, instant thoughts, instant revelation. For it is the normal operation of God. It is who God is. If you wish to focus on time and space and distance, so be it. But it really does not exist.

Your body, Paul, knows what to do with the rhythms of this Earth. Your body is of this Earth and so it is in tune with the cycles of this Earth. If it is winter your body functions in a certain manner. If it is hot and summer, your body functions in a certain manner. If winter is coming, your body prepares for winter. It gathers the food, creates a shelter and it begins to rest in the winter. It doesn't check the clock on the wall or the calendar on the refrigerator to see what date and time it is. It knows instinctively what time it is and what season it is.

The mind of man wishes to control himself and creation and therefore there needs to be a technique or a method, a tool, in order to control his environment, control his body, control the seasons and even the rainfall. Control the flow of water down a river. If God does not control Himself, His creation, why would man think that man can control himself, creation, the water, the seasons? If God is witnessing Himself, the beauty and love that He is, is it not possible for man to be in his body, to be of this world, and watch his body perform? Watch the beauty that he is, see the beauty of this Earth, witness the beauty of the stars at night. God moves man from one moment to the next because God is who He is. He is love and harmony. He is beauty. And so that of creation reflects what is in the center of God. Why would you want to change what is in the center of God if within the center of God is love and perfection and you are a reflection of that? Why would you wish to change that? And what reasoning, what mind would even think that it was possible?

It is important to understand the difference between time and witnessing change. Your mind and body witnesses, remembers that a few months ago it was summer and now it is fall and somehow you know it's going to be winter. Witnessing change, witnessing the seasons, witnessing the cycles is not necessarily time, Paul. It is movement. And it has almost nothing to do with this present moment. If you are reflecting back on last summer and what you did last summer, you are missing the opportunity, or we would say the presence of mind, to feel the Presence of God at this moment.

Time is a product of the mind. It is a product of control and we might add misinformation. Time seems logical, reasonable. Time seems like a way of life. Get up at six in the morning and you return to bed at ten. When the sun is overhead, it's twelve noon. It's time for lunch. Time is a very, very difficult concept to explain, to understand. And that is because it does not exist. Relationships exist. Movement exists. Cycles exist. You might look at it as a moving picture. If you are watching a movie on a large screen at the theater, are

you not watching a single picture at that moment? Your mind can only see the frame that is in front of it, that particular frame, which is moving at a high rate of speed, appears to be moving, but you really can only see one frame at a time. But in your mind, you're seeing so many frames per second and therefore it appears that these still pictures are moving. But the fact is you are seeing one frame at a time. God is seeing you NOW Paul. He is with you NOW. NOW. One frame at a time. You may appear to be moving, but He sees you one frame at a time. He sees the love that He is NOW. NOW.

Another way to look at this is between each still picture, between this moment of creation and the next future moment of creation, there could be billions of years. It appears to you that it is moving very fast. Your perception, your point of view, where you live on this Earth, you're inside of a body, you're part of this Earth. So what we might say is the fastness or the speed of time is relative. Let's say you were watching a movie and you know that these films are made up of individual still frames. And so from your point of view there are so many frames per second. But you have invited your neighbor, the alien from the next galaxy to watch the movie with you. And his perception of the movie is that between each still frame, it takes about an hour. So he's thinking, "This has got to be the slowest movie I've ever seen." But for you, and because of your mind and your perception, the movie is progressing at a normal rate. The characters on the screen are moving normally. If you take a large rock into the theatre with you and set it on the seat next to you, that rock will probably not even notice that anything is happening because it cannot conceive of something moving that fast. Its sense of time is different than your sense of time.

And so, if you are always in a hurry and you cannot quite get your work done everyday, or there's not enough hours in the day to finish your work, you must know that it has nothing to do with God and everything to do with your mind. Your mind that wishes to distract you and control you by putting you into this concept called time. It is like placing you in a capsule and spinning you around, spinning you around until you are confused and then taking a very large stick and beating on this capsule until your ears are ringing. And if you would notice at this moment the "you" that is inside this capsule that has just been beaten by your mind, you cannot focus on God. Where is your attention? Where are you, Paul? Are you in this capsule of time, protected from the Presence of God and controlled by your mind? Or are you doing one frame at a time? You're doing life one moment at a time.

If you sit quietly in this chair and your mind reasons, "Well, if he just sits here, he will eventually starve to death," but that is not true. Your body, which is part of this Earth, will either feel restless and want to move or the body will become hungry and will want to find food or it will become tired and it will want to sleep. Being within God's body is joyous. Living on this Earth is of joy. Moving on this Earth is of joy. There is absolutely no reason to move from point A to point B in a very hurried manner unless of course a bear is chasing you or you need to get out of the way of a car.

If you place yourself within God's hands and you surrender all that you are, you will move into the rhythm of God. It may look like God's time, but it is the rhythm of God, the love of God. You must decide who you wish to please. If your mind, ego, is the master of you, then there will be a schedule. There will be a time to get up and a time to go to bed. There will be a time to go to work, a time to pick up the paycheck, a time to eat, a time to see your friends, a time to hurry up or slow down. But when you become part of the body of God, the thing of God, the image of God, then you are surrounded by God and you may call what you are doing "time." And it does not matter. But what you are doing and moving is of God. You are doing the movement of God. You are being held by God and you are dancing with God to His rhythms, not the rhythms of your mind. Not the rhythms of an artificial time.

Is it not interesting that time is such a large part of your life. The structure and concept of time holds you so tightly that you can even feel the fear of letting it go. Who would you be, what would you be without time? Time seems natural, a way of life, but it is not. Movement is a way of life. God's voice is a way of life. The sun shining on your body is a way of life. Breathing the air of this Earth is a way of life and eating the foods of this Earth is a way of life.

And so it is, Paul, on this beautiful day. On this day forever, forever without time.