

05-10-15rb **Be The Love Of Presence**

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The following text was transcribed from Paul Ray Huffman's digital voice recording (recorder B), May 10, 2015, at approximately 1 PM, on a cloudy but beautiful spring day in Sedona, Arizona.

Summary: Become the compassionate loving witness unto your Self. Be the love of presence, and allow that presence and love to grow within your heart.

Is it not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, a world of great harmony, a world that needs nothing to be who and what it is.

And here you sit, wanting to know who what you are, wanting guidance and information. And you need nothing to be who and what you are you. You need nothing to be the peace and the love that you are, now, today, this moment.

What is self-realization Paul? What is waking up and becoming self-realized? What is Enlightenment? Is it not that which you already are? Is it not your present state of being?

If you are witnessing your life, if you are compassionate and at peace towards your life, then you are in a state of self-realization. If you think that you are this life of Paul, and that you are the body of Paul, (then) you are not yet awake to your Self. The Self is the Self of God. It is the One Consciousness being conscious of its self. It is God arising in the form of presence, or 'I am that I am,' and becoming the Still Moment in which all that God is expresses through (the) manifestation of form. God sees form as a reflection of Him Self.

Your consciousness with its many levels of understanding is the conscious-awareness of God.

You are here are you not? You are present. You are listening and watching. God is listening and watching. Your love for Mooji is your love for God. If you can feel Mooji's love, then you know that your God Self loves its Self deeply. There is absolutely no difference between your Self and Mooji's Self. It is all One Self. It is all One God. Is it not wonderful to have such a clear picture and form and presence of God walking upon this earth? All that you have asked for is within

you, and it is reflected in Mooji's form and presence. Accepting Mooji and his words and form is accepting your God presence, and allowing it to establish itself within you.

Become the compassionate loving witness unto your Self. Be the love of presence, and allow that presence and love to grow within your heart. Allow that compassion to grow within your heart. It is that simple Paul. Allow your heart to open into this presence, this witness. Allow the words to arise from the Stillness and become the Still moment in which they are expressed. Allow the beauty and form of words to lay themselves down in rhythm and even rhyme upon a piece of paper. Allow the words to rise up and fall as waves on an ocean. Allow the words to have emotion and heart and the depth of feelings. Allow the words to tell the story and to inspire. Allow the reflection of (your) life to be the reflection of God's life. Look at the wonderful examples surrounding you, Adyashanti and Mooji and even Joanne, as she is naturally what she is. Allow the words of saints to play within your head, and to enter into your heart, and allow us to be part of your presence without fear and doubt. Allow us to guide you *back* to the Self of God, arising from His home, (and) your home, into expression and manifestation and beauty.

Everything is occurring within the Still moment, and God is observing as you move your consciousness into form, beauty and love. The picture of God moves upon the screen of this still moment. The screen is ever so still, solid, present, yet the images and form is lighted by the desire to see, and is lighted by [the] desire as it is seen. You become the screen Paul, upon which every thing is played out. *You become the field of presence* in which light and form dances upon this very thin layer of reality. God holds within His heart the love for Him self, (and) the desire to be seen and expressed. And you hold this desire Paul, to be seen and expressed. You desire to know what can be expressed in this lifetime, within this body.

God walks upon this earth as you Paul, this form, as a self, (and) as you become involved within this body, and all the drama around this body, God witnesses that. He becomes involved, and he does so in great love. He is not

confused, or misled, or misguided, or misinformed. He watches with a purity of love and innocence and He judges nothing. He loves every being, every flower as him self, every bug, every fly, every mosquito as Him Self. You are the screen of consciousness Paul, upon which all this is playing.

Allow this still moment to express. Allow every thing to be as it is. See the beauty in this moment. See the perfection in this moment.

And so it is almost beautiful day. End. Bell.