

05-22-13 PH Chan **The Reflection of God**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, May 22, 2013, approximately 11:00 AM, Sedona, Arizona, on a beautiful cloudless cool summer day.

Summary: The way of life is now, now, through the unique experience and expression of the individual self. The purpose and the function of life is the expression of God's life. The individual self reflects the Greater Self and thus becomes the Greater Self. The Beauty of who you are is within the expression of who you are.

Is it not a beautiful day today Paul? The sun is shining and the birds are singing, and all is well in your world, a world of great beauty, a world of great harmony, and a world that needs nothing to be who and what it is. And here you sit once again, wanting to know who and what you are, wanting to understand life, wanting to understand the principles of life, wanting to do your life correctly, with ease and enjoyment. You wish to experience happiness, and love, and companionship, and intimacy, and peace.

Life is now, Paul. Just as you experienced Italy, life is now. You cannot change your experiences in Italy. They are of the past. You cannot change your future experiences. You cannot even change your experiences after the death of this body. What you experience, you experience now. You did not have a good or a bad experience in Italy, you simply have the experience of Italy, and it is now in your past. You can remember your experiences, and you can even relive the

feeling of those experiences, at least partly, through photographs, or sounds, or smells. But Italy is now housed within your memory and is contained within your past moments on this earth. (05:50)

How do you wish to feel now? You felt the love of your group and friends that you met in Italy did you not, this morning, as you were writing your prayer? You felt that you had something to say about love and experience, and you wish to express that feeling on paper, through your writings. Who you are, Paul, is the experience of who you are. Who you are is the feeling of who you are. You are not necessarily an architect, or a writer, or a man or a body. You are the experience of your self. You are made up of moments of life. (08:35)

Your wisdom and creativity come from a higher source. If you wish to inspire your self, and live to the highest level of who and what you are, you must go to the highest level of who and what you are. The body of Paul is simply an animal, a thing upon this earth. Your mind is simply a collection of thoughts and beliefs in order to survive as an animal upon this earth. The animal, a physical form, born of this earth, will die upon this earth. Your mind is a collection of feelings, and thoughts, and experiences that allow the body to function on this earth. And when the body dies, what is the purpose of mind? What is the purpose of what the mind believes and expresses? If the mind chisels a great sculpture from a marble stone, and expresses the beauty of life, and the love of life, then that mind lives beyond the body and beyond its own life. It has carved in stone a more permanent reality, and others can witness the beauty of that

particular mind. But in time, even the great buildings, and great art, and great paintings fall to the ground, and again become part of the earth. (13:40)

No matter how great you are Paul, no matter how smart or creative (you are), all expression of who you are will eventually become part of this earth. And the mountains will rise, and the oceans will cover the mountains and then recede from the mountains. The earth will change and the landmasses will move about as islands upon the surface of this earth. Many species of plants and animals will emerge, and then die back into the earth. Many a thought and feeling and experience will be born of this earth, and again will die back into this earth. Nothing is permanent Paul, upon this earth. The great men of this earth will come and go, as even the great destroyers and misfits of this earth will come and go. The earth does not judge them, as you should not judge them. The great intelligence, the God of your being, does not judge you, nor does it judge the things of the earth.

You are a point of consciousness sitting within this chair, speaking words into a microphone, expressing your feelings, your fears, and what you love and do not love. How can you be, how can you exist, how can you express, when there are thousands, even billions of expressions upon your earth, which you cannot see, or hear, or feel? How can you exist as one voice among many voices upon your earth? What is your purpose? What is your function? Is life a mystery? Is the answer to life just beyond your reach? What is life, Paul? What is your individual consciousness? What is wisdom and what is the way of life? What is

the way of life? Is that not the question? And is not the answer contained within the question? (22:00)

The way of life is indeed based on the impermanence of life. The way of life is forever, but how can something be forever if it is impermanent and changing? The only answer that is possible is that you are part of a greater life. That you Paul, are part of a greater life, a life that sees, and feels, and experiences, and changes, and re-forms its self, and feels, and changes, and sees its self, and experiences its self, and re-forms its self. If you are experiencing your self as an individual consciousness, you have not yet awoken to who you are. If you are afraid of life, and the experience of life, and the changes within life, you have not yet awoken to who you are and to life. (25:38)

Is it possible to have a universal life, where you sit and feel all that there is to feel, and all that there is to experience? Can you experience what God experiences? Can you see what God sees? Can you feel God feels? God is the expression of love, and harmony, and peace, just as your moon revolves around Earth and expresses harmony, and movement, and love. It (the moon) has a particular function does it not? It gives light and balance to your earth. It pulls on your oceans and creates the tides and the movement of your waters. It has gone through many changes since its birth, and it will continue to go through changes. It is an individual body within your solar system as you, Paul, are an individual body within your solar system. You move upon your Earth and your moon moves around your Earth. It (the moon) is unique in its expression, and it is unique in its function and purpose. You are unique Paul, upon your Earth, and you are unique

within your purpose and function. You are not better than your moon, or less than your moon, you are simply different. You are not better or less than your fellow man, you are simply different.

Every thing has the consciousness of God, every plant, (and) every rock. Every thing within your solar system, and within your universe has the consciousness of God. You might ask yourself, "Why do I have awareness, why do I have consciousness?" It is because you are the consciousness of God, and every thing has individual and collective consciousness. You have the ability to have a single focused consciousness, and you have the ability to feel, and to become, and to exist as the consciousness of God. You have the ability to focus and to drive your car to the store, and yet you have the ability to sit, as you are doing now, and enter into a broader Consciousness, a more universal Mind Consciousness. The Mind of God is available to you, as the mind of the individual Paul is available to you. You can fix dinner, or prepared dinner, and you can prepare your self for the world and life. If you can solve the problem of what to prepare for dinner, you can solve the problem of how man lives peacefully together upon this earth. It comes from the same Mind of God, the same Oneness of Mind. All problems have solutions, because there really are not problems, there are only solutions, and solutions being defined as the way of life, the way of being. (38:11)

As you Paul, experienced more and more the body of God, the universe of God, you will become less and less afraid to lose your own particular individual body. Your individual body is changing. It is aging and it will wither and die, as it

is suppose to wither and die, like a flower withers and dies, like a building grows old and collapses to the ground, like the mountains rise and fall.

Once you understand that God wishes to experience Him Self, or Its Self, and that experience is always changing, [and] thus you must always be changing. There is the sunrise and the sunset. There is the darkness and then there is the light, and both are two different experiences, are they not? You have your life and movement upon this earth, and you have your death and non-movement upon this earth, but your life continues to move and change. And when you realized that it is God's life that is moving and changing and experiencing, then you lose the fear of just being an individual life, just being alive, and then just being dead. That idea is just an idea. It is just an image. And so you experience fear around that image, and then the fear passes as you realize it is just an image, it is just an idea, it is just a thought.

Thoughts have the ability to bring you great fear Paul, or great peace. (44:32) Thoughts are just a description of what you think is happening. Thoughts are pictures Paul, and they are not necessarily true pictures. Your thoughts and feelings, Paul, and even fears, give you description, give you color, give you a personality, give you a way of expressing your self. But beyond the thoughts, and beyond the individual mind, there is a higher Mind, there is truth, and there is certainly love and peace and forever-ness. As you move into God's Mind, you move into these realms of love, and peace, and security, and safety, and forever-ness. You do not worry, or think about the death, or even the aging of the body. You do not think about who likes you, or who does not like you. You do not think

about what to say, or not say, or express, or not express, because all expression is the expression of God. As the moon expresses itself, you express your self. As the Earth expresses its self, you express your self. Your moon does not lie to you, and overnight change course and become the moon of Mars, let us say, for that is not its nature. Your moon is the moon of your Earth and in truth, it acts, and performs, and is the moon of your Earth. (49:00)

You are an individual of this Earth Paul, and that is the truth. You move upon this earth, as God moves you upon this earth, and that is the truth. If you move upon this Earth, Paul, outside of your function, outside of your purpose, you will suffer, and you will become alien to this Earth, and alien to your function and purpose. Study your moon Paul, and see how it moves with grace around your earth. See how it gives light to your Earth at night. See its beauty. And look at your self, Paul. Look at your body. Look at what you say and do. Look how you give movement and grace within your existence. Noticed your function. Noticed the light that you give. Are you not satisfied being who you are? Who else could you be, but who you are? Be not confused about your function and your purpose, Paul, your gifts are your purpose and function. Your voice is your purpose and function. Your life is your purpose and function.

These words are not your words, are they? They belong to God. They belong to your universe. They belong to your heavens. Your moon reflects the light of your sun and therefore, gives light to your earth. You, Paul, reflect the light of God and therefore, you give light to your earth. Everyone on your planet,

every thing on your planet, reflects the light of God, and therefore they have purpose and function, and give light to this Earth.

Understand Paul that the individual consciousness, what you might call the individual self, makes up the wholeness of God, the wholeness of the One Self. As you accept the Oneness of God, you accept the uniqueness of who you are. As you accept the greater One Mind, you appreciate and are thankful for your individual mind, your individual function and purpose. (57:00)

All your individual questions can be answered Paul. The way of life can be answered. The purpose of life can be answered. The function of the individual life can be answered. Clarity can only come this moment. You can experience the past and project your self into the future, but clarity and understanding is now. Peace, and love, and security, security, is only this moment. The beauty of you who you are is within the expression of who you are. The beauty of who you are is the expression of who you are, now, this moment. (59:34)

Your gifts Paul are much greater than your individual self. Your clarity is much greater than your individual self. The moon reflects the light that is greater than its self. The moon gives more than it is. The moon reflects more than it is. The moon exists by the power of the sun. You exist by the power of God. All things exist by the power of God. The individual self, with its individual mind, has little impact or influence upon its environment. It is born, he or she is born, and he or she dies on this Earth. The individual mind has little impact upon what it says and does upon this Earth, but as the mind and the body of the individual expands into the Mind and the Body of God, it becomes the Mind and the Body

of God. And the light of God influences that individual, affects that individual, and affects the other individuals around him or her. And thus God is born through the individual, and thus God shines through the individual, and thus God lives upon this Earth, and thus God experiences this Earth. (104:55)

And so it is on this beautiful day, this beautiful moment, in which the birds are singing, and the sun is shining, and all is well in your world, and all is well in your mind and body. And so it is from the light and the body of God. Bell. End.