

06-09-13a PH Chan      **Being That Which You Are**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, June 9, 2013, approximately 3:00 PM, Sedona, Arizona, on a hot summer day.

Summary:

It is June 9, 2013, approximately 3:00 PM, Paul R. Huffman speaking, Sedona, Arizona, on a warm or hot summer day.

Is it not beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great harmony, a world of great love and a world that needs nothing to be who and what it is. And here you sit, wanting to know more about who and what you are, wanting some answers to the way of life, wanting to know more about life. (02:55)

It is your gift is it not to speak these words? It is your gift to be at peace with your self, and it is your gift to understand the wholeness of life, the oneness of life, and therefore you speak of such subjects. You speak to your self and you speak to your world, and all that you must do is to sit and relax and listen, and all that is, the oneness of God, comes to you and in to you, and you become the Oneness of God. You become life, you feel life, and you become life. It is that simple Paul. There is no magic pill to take. There are not, necessarily, exercises or even a way to breathe, or even a meditation technique. For you are just sitting and listening, and surrendering that which you think you are into the Mind of God, into the presence of God. God surrounds your, Paul, each moment. Love and

peace surrounds you each moment. You can deny God, you can deny love and peace, but you exist, exist, every moment within love and peace. No matter what you think your future should be or look like, it is held within the hands of God.

You are embraced by God and as God moves you move. (08:45)

Your movement Paul has nothing to do with your body. You may think that your body moves you from room to room, but it does not. You are held within the arms of God, within the interior of God, and God moves you step by step, and moment by moment, and yet somehow, you think that you are doing your life, that you are being the life of Paul, that you are an architect, a writer, a man of ideas, a man with desires, and feelings, and even opinions, but you exist within the arms of God, you live within the arms of God. It appears that you live in Sedona, and that you live within this house, and that you drive a particular car, but you live within the arms of God. There is the appearance of this world, and there is the appearance of Paul's body moving within this world, but Paul moves with the grace of God, as the moon circles your earth with the grace of God. How can you be different than your moon or your earth, or Mars, or Jupiter? Are they independent of your solar system? Do they have a will of their own? Do they awake each morning and decide to move in a different direction than they did the day before? Does your moon decide to visit Mars? Does your moon worry about its future? All this sounds absurd does not, and yet you Paul think that you can plan your future, or even think that you have a future. You think of your self as independent and not of God, and yet God moves you each moment, God breathes you each moment. And if you allow this to occur naturally within the

grace of God, within the movement of God, then you will find happiness and peace. For you Paul, to think that you are doing your life, and being the life of Paul, creates great unhappiness, depression, and you appear to have a lack of direction, and no real life. (16:00)

To give up being Paul is difficult is not? It even sounds absurd, unrealistic, crazy, insane, but your life is the life of God. Your life is the movement of God and that is reality. Any thing other than the life of God is unreality, (it) is an illusion, (it) is a thought of what God is not, and even what love is not. If you observe the natural world Paul, you will witness the way of God, and the grace of God. If you witness your society and the ways of your society, you will most likely become lost within the world of Paul, and Paul's body and mind. (18:35)

The flower sprouts from a seed and grows a green shoot and eventually it crowns with flower of color and scent. It has its day within the sun, and possibly many days within the sun. There may be many animals visit this flower, and even take from this flower, but the flower is happy, and it is at peace. It does not wander off to the next field. It does not wish that it were some thing other than a flower. It is held within the grace of God, and it moves through space at a great speed. It appears to be still, but it moves through space many thousands of miles an hour, maybe hundreds of thousands of miles an hour, and yet it is still within this particular field, on this particular planet. It is held by the grace of God and it is profoundly, deeply satisfied, in love, and in peace with its self. (22:35)

And here you sit Paul. You have the same opportunity as the flower. You are of God, you are held by God, and you are moved by God. By your nature,

you can walk from room to room, or from town to town. By your nature, you can touch another human being. By your nature, you can sing a song, or speak words. And by your nature, you can hunt or you can gather food. And also by your nature, you can speak these words. You can form thoughts and ideas and sentences and then paragraphs and then pages and then books of pages. That is your nature is it not? You can draw pictures upon a piece of paper. You can build buildings. You can give speeches to your neighbor or to the world. But this has nothing to do with Paul. Your nature is of God's nature. Your doing is of God's doing. Paul serves God. Paul serves God. (26:33) God is the master. God is the All of the All. God is what moves the moon around your earth and your earth around your sun. Paul's particular ideas and thoughts and concerns are but a minor occurrence within the life of Paul. Paul thinks and reasons in order to assist the body of Paul, and the movement of God. Paul's nature, Paul's nature and purpose is to become the servant of God's movement, God's mind, (and) God's grace. as you focus on the life of God, and focus on the life of God, you will move more and more with the grace and the nature of God. Becoming who you are and what you are Paul, is simply the relaxing into the arms of God, and denying the life and the personality of Paul. You are not giving up who you are Paul, you are becoming who you are, through your embrace with God, through your movement with God. (30:25)

What is your nature Paul? How do you move? Do you move like the flower, or do you move like the moon? how does the human move upon this earth? How does the human contribute to this earth?

You are the life and the experience of God. Paul's personality and mind is having its own particular life and experience, but it is not necessarily the experience of God. If Paul's body and mind, personality, does not become the life of God, or lets us say it does not integrate with the life of God, it will suffer. it (Paul's body and mind) will become distracted and it will move in a different direction, and most likely die before it is time to time. If the flower tries to uproot its self and move to the next field, it will most likely die. the flower was born from the seed and it was nourished by the soil, and within that soil it continues to be nourished, and that is its home, that is the way of the flower. What is the way of Paul? What is the way of his body? What nourishes Paul? What grows Paul? (34:30)

God experiences the flower, and the moon, and your earth Paul, and all the things of and within this earth. Every thing of and within this earth, and outside of this earth, is coordinated by the grace of God. It is held by the grace of God and therefore it is experienced by the grace of God, (and) that which God experiences, experiences God. Once you become open to the experience of God, you also become the experience of God, and you become, truly become, that which God experiences. Your nature becomes whole and complete. you flower unto that which you are. you radiate unto that which you are. your body becomes the wholeness and the completeness of God. Your movements and your mind and your words become the wholeness and the completeness of God. You become the body of God and the mind of God and the words of God. in other words, you become that which you are, no more or no less. As you become

the experience of God, then you experience what God experiences. If God experiences the vastness of the universe, then you experience the vastness of the universe. If God experiences great love and peace, you at the same moment, experience great love and peace. By becoming the object of God, and becoming the experience of God, you become as God is. You enter the nature of God, and you enter the nature of all things. You enter the body of Paul and you enter the body of the flower and then the body of the moon, or your earth, or your sun.

(41:00)

Your body is made up of the stars, so why would you not feel the body of the stars? Why would you not experience the stars Paul? if you are of the stars, then indeed you are the stars. You are the sun and you are this universe, and you are the love and the feelings and the experience of God. You are connected to the body of this universe, and therefore to the body of God. and you are connected to the mind and the desire of God. You are the mind and the desire of God and therefore, you are experiencing your own desires, your own images, and your own substance. And thus the circle is complete is it not? God is experiencing Him Self and God is experiencing Him Self, and thus you exist Paul, to express that particular experience, just as the flower expresses the beauty of its self by being the flower. It radiates love and color and symmetry through being who and what it is. It expresses itself fully Paul, by being who and what it is. And Paul, being held by God and open to his full nature, expresses his beauty, and love, and completeness back to God, back to God's experience of

Him Self, and thus the exchange is complete, and thus the moment is complete,  
and thus you are Paul, and thus you are now, now. (48:11) End. Bell.