

06-16-13 PH Chan **God's Expression**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, June 16, 2013, approximately 12:30 PM, Sedona, Arizona, on a warm summer day.

Summary:

It is June 16, 2013, 12:30 PM, Sunday, Sedona, Arizona, Paul R. Huffman speaking, on a warm summer day

Is it not a beautiful day today Paul? The sun is shining and the birds are singing, and all is well in your world, a world of great harmony, a world of great peace, a world that needs nothing to be who and what it is. And here you sit once again, wanting to know who and what you are, wanting some answers, wanting to feel loved, wanting to feel held by God. (02:39) And yet you continue to struggle do you not? You struggle with life. You struggle with the way of life and the complexities of life. You are frustrated and dissatisfied with life. You want more, but you do not know what more is. You want different, but you do not know what different is. You seek something do you not? Is it within your house, or your garage? Is it within your town, or even within the state of Arizona? You are deeply dissatisfied with most of your life. There are parts you wish to keep and there parts you wish to remove. (05:15)

There is only the life of God, Paul. There is only God's life moving through you. That is your future and indeed that has been your past. It is time is it not to live God's life, now. It is time is it not to surrender to all that you think you are, to

all that you think that you could be, and allow God to move within you fully. So, you have no future of your own, you have no tomorrow of your own. You become the presence of God, and Paul and his personality, and his frustrations, and his desires step into the background. (07:30) Paul steps off the playing field and watches as God moves into Paul, and watches this new life of Paul, the life that you seek Paul. Whether or not you have a new girlfriend is not up to you. Whether or not you write a book or sell your trailer or clean out your garage or again travel to Italy, is not up to you. You simply wait for the instructions, and to serve, serve, the desire and the will of God.

God's experience can be your experience. God's life can be your life Paul. All you must do is to listen, listen, to the desires of God. God seeks love and harmony, balance, beauty, and the song of life. God wishes to speak to the world Paul, and you are part of that voice; you are part of the beauty and intelligence of God.

There is a way of life, Paul. There is a process to life. There is a way of being, and speaking, and walking down the street. There is a way of engaging your neighbor. there is a way of engaging your world, and there is a way of holding your mind and holding your thoughts within the mind and the thoughts of God. You are an animal upon this earth, and you are as innocent as (is) every animal upon this earth. You are as innocent as the moon and the sun and your earth. You are not a special body nor are you a special person, nor do you have a special mind, or a special message. You are simply here to record the words of God. you are here to interpret the nature of God. This may sound arrogant or

may sound impossible, improbable, or insane, but everyone, everyone, and every thing is gifted with the expression of God. the moon is gifted with the expression of God. your neighbor is gifted with the expression of God. a person may express God through dance, or song, or a painting, or humor, or beauty, or words or conversation. (17:20)

All of life is the expression of God. All of life is indeed the experience of God. if you are not feeling the presence and experience of God, it does not mean that God is not present, or not experiencing you. your pretend life is dancing and moving in front of the real life of God. your pretend life distracts from the presence of God and it creates great suffering for you, Paul. God stands before you, and you hold your hands in front of your face, and you declare that God is not there. God calls to you and you pretend that you cannot hear God.

God says, "Paul, let me embrace and hold you now." And you say, "I'm busy with my life. Maybe another time."

It is time, is it not, to surrender to God's life, in front of your sight, and see what is before you, and hear what is before you? (21:40)

And how you surrender to God? You surrender each moment. You defer your own desires to the desires of God. You keep a notebook and you can call it God's Life. What does God want to do today? What does God want to experience today? And how can Paul help? What can Paul do to facilitate the desires and the experience of God? And you can note that the desires of Paul are not that much different than the desires of God. God desires love, harmony, beauty, and God desires the experience of life, the breath of life. God desires the

interaction of life. God asks the question, "Where am I? Who am I? What am I? Show me the love that I am. Show me who I am." God says, I breathe this body, and I walk within this body. I move within this body and I feel within this body. God says to you, Paul, "Give me the experience of life. Show me the experience of life." (25:10)

You have a companion within God, Paul. God is your partner. God is your lover. And God is certainly the boss of you, the dominant being within you. God's power is forever and God's life is forever. God's understanding of life is without limit, and God's seeing of life is without limit. God is without obstacles. God is the miracle of life; God is the breath of life. If God asks you to move a mountain, you would indeed move a mountain. If God asks you to speak His words, then you speak His words, as you are already a custom to doing. You are already practiced in this assignment. If God asks you to express who he is to another person, or to a group of people, then God expresses through you, Paul. There is indeed no effort on your part. There is no thinking about it or planning it. There is just being the expression of God. You are the expression of God, Paul. You may not be conscious or aware that you are the expression of God, but that is your nature, and that is your function. Every [one] person and thing upon your earth, seeks to express God. Their attempt to express God may appear to your mind as something bad, or evil, or wrong, but everyone seeks and desires to express God. (30:27) Again, they may not be aware that that is their function, or desire, but it is the nature of man, and the nature of all things to express God. God experiences Himself through this expression. God created Himself, or God

created the images of Himself in order to experience His own particular expressions. God moved Himself from the Stillness, God projected Himself from the Stillness; God moved the light of Himself from the Stillness and projected it into this vastness of space. God desires to know who and what he is and thus life began. And Life always contains the desire to express the desire of God. And that desire is, "Show me the love that I am. Show me who and what I am." All of life, all of these images of God, are imprinted with that instruction, or that desire. (33:57) Every thing within this projection of life, this image of God, expresses back to God that which He is. And within your mind Paul, you may judge that as good or bad, or some objects expressing poorly, or some objects expressing well and good. But your mind has nothing to do with the reality of God, and God's desires. Your mind judges and weights good or bad, but reality dictates that there is only the expression of God through the objects of God, through God's images. Every thing, every image, desires and seeks the perfect expression of God, the perfect harmony and love of God. If small child throws a toy across the room, that is his or her attempt to express the desire of God to see the love and the beauty that He is. Every act within nature, every tornado, every earthquake, every new world that is formed, is an expression of God. (38:10)

There must be expression in order to have an experience. You must move from this chair into the other room in order to have an experience of that other room. You must express in order to have an experience of that expression. You must breathe in order to have an experience of that next breath. You must wake up in the morning, and move from your bed in order to begin the expression of

that particular day. For you to express the words of God is not arrogant, or unusual, or different, it is God's desire to experience Himself. These words are not necessarily for the people of your earth, or for even Paul, they are for God to hear Himself, and therefore to experience Himself. You may sing a song that is beautiful and lovely, and all that hear this summer are moved by its beauty, and thus it is so, but the song is first for God, for this is God's life, this is God's world, and this is God's experience of Himself. (42:09)

There is absolutely no need to change your world, or to change the mind of your neighbor. That is not your job Paul. Your job is not to be praised by your expression. Your job is simply to express each day, the best that you can express, to God Him Self. Your expression is directed towards God, it is received by God and it is loved by God, and therefore you exist, and therefore you as the object of God exist, and God experiences himself through you.

Once you overcome the fear of these words, and what you perceive as the consequences of these words, you will offer these words to God freely, and without concern as to what others think of these words, or even your own prosecution of these words. These words are your particular expression Paul, and you are expressing them now, and now. Should you sing these words to others, of course? Should you express your self to others, of course? Should you express the love of God out into your world, out into your neighborhood, or community, of course?

Your sun expressed its light to you Paul, and your neighbor, and to the peoples of your world. Do you judge your sun for shining its light upon you or

your neighbor? Do you desire that your sun shine only its light on a certain population, or maybe just certain friends? Your sun shines its light upon the world Paul, and it is not condemned for doing so, nor do the peoples of your world, for the most part, judge the sunlight that reaches your world, nor do they judge the sun for shining its light on everyone. As you express these words Paul, some to hear them, or most people actually, that hear them, will have some opinion, or judgment. Some will say, that is the truth of God, and some will say, that is not the truth of God, and some will say, that man is insane and he should be stopped from speaking.

The pretend mind of man is mostly insane, so you can expect insanity, but the mind of man can also express love and non-judgment, and nonresistance. And the mind of man can reason that there is a higher mind, and that there is a life of God that moves through them, and so you can also expect love and acceptance. (51:40)

Understand Paul, that your expression is always directed to the source of who you are, to the life of who you are, to the being of who you are. And part of that expression, at least here upon your physical world, is to express your love of God and your experience of God onto and into something real, as words on paper, or words upon a book, or sound from your mouth, from your lips. A song is truly a song when it is expressed in sound is it not? A song is in joy and experienced when you sing it out loud with passion, and feeling, and rhythm, and harmony. God always, Paul, praises your attempts to express His love. God always receives even the smallest attempt to express who and what He is. If you

just say a few words every morning, you are held by God, and held by God. If you think thoughts of love towards God, God receives you and you are held by God.

The way of life is so simple. The practice of life is simple. The function of life is simple. The purpose of life is simple and the truth of life is simple. Your gift Paul is expressing to God the truth of who and what He is. Your gift is to put into words that which describes God and the nature of God. God says to you Paul in particular, not a special assignment, but an assignment for you, in which He says, "Expressed to me Paul the love that I am. Show me the love that I am," and thus your purpose Paul, and thus your assignment, and thus your peace and happiness. End. Bell.