

06-24-12a PH Chan **The Seeds of Consciousness**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, June 24, 2012, approximately 11:00 AM, Sedona, Arizona, on a warm summer day.

Summary: Once you realize who you are, that realization is forever. The discovery of the Self is the discovery of God, because there is only One Self. The personality-self cannot discover its Self because it is busy pretending that it has a self. If you simply introduce the idea that you are the Self of God, the action of God, the eyes of God, and the breath of God, this seed will grow within you until it outshines all other false beliefs that are held within you.

It is not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, and a world that needs nothing to be whom and what it is.

And here you sit, once again, unsure of your self, unsure of what you are doing. And yet you seek knowledge and information, and you even seek justification for your life. You do not know who you are, and you are searching for this Self. You do know that something within you can speak through this body that seems to have information and wisdom. You are not really sure what it is, but you are willing to open and to see what this voice and feeling has to say. You recognize more and more that it is indeed the best part of you, and that it is indeed the most conscious part of you. And as you surrender more and more, this part of you comes forward and influences your life more and more. And you

feel better about your self, even though you do not know what this self is, or who you are. (05:30)

You do know that these words are of comfort and they seem to relieve some of your suffering, some of your depression and self-doubt. For what is true is that most people upon your earth, almost 99% of them, are depressed, and are full of self-doubt. And they know not who they are, and therefore they do suffer, and they do search for them selves in their own particular way. (07:00)

What we speak to you about is in many ways universal within your world. What you seek about yourself is sought by more than 99% of the peoples upon your earth. Very few people upon your earth realize who they are. Many people have obtained a very high state of consciousness like yourself, but have still not experienced their true Self, the true God within them. They have glimpsed the opening to God, but they have not moved through this doorway, as you have not moved through this doorway.

Moving through this doorway is life changing, life altering, and there is no way back. Once you have become conscious of who you are, you cannot become unconscious of who you are. Once you realize who you are, that realization is forever, and you move within other realms of creation, and your held within the arms of God forever. When you awake, you awake forever. You do not return to the state of sleep ever again. Your mind has become the Mind of God. Your consciousness has become the consciousness of God. Your actions have become the actions of God. Your will has become the Will of God, for the discovery of the Self is always the discovery of God. The discovery of the Self is

the discovery of God, because there can be only be one Self, one God, one consciousness, one action, one seeing, one knowing and one voice. (12:20)

The discovery of the Self is as easy as taking the next breath, and if that moment has been missed, there is now this breath, and now this breath. And so the opportunity is always before you, but the choice must be made by you, by that which is asleep, by that which is unconscious, and therein lays the difficulty. How do you instruct someone who is asleep to wake up? How do you instruct someone that is unconscious to wake up, when they are indeed unconscious? You must whisper into their ear that it is safe to wake up; that it is joyful to wake up; that life is better and more abundant when you wake up; (that) life is easier; and your life indeed is the life of God. (15:15)

If you are carried by God and the power of God, and all that God is, what indeed can stand before you and obstruct your right to happiness, your right to know, your right to wisdom, your right to abundance, (and) your right to peace and security? If God is embracing you with His arms, what more could you possibly want? What more could there possibly be in life? All the money in the world, all the friends in the world, all the power in the world, cannot compare to the embrace of God. If you seek peace and happiness, seek the arms of God. If you seek abundance and security, seek the arms of God.

Take all that you think you are, and all that you see before you, that you possess, or think that you possess, and surrender it all unto the arms of God, unto to the wisdom of God, unto the power of God. And this self upon this earth will begin to relax, and this self upon this earth will begin to feel the peace of

God, and this self upon this earth, will naturally move towards this Kingdom of Heaven, this door way, this Consciousness, this greater Self that knows who and what it is. (19:25)

If you believe that this personality-self of Paul can find him self, can discover him self, can know him self, you are wrong. The personality-self cannot discover its Self, for it is busy, busy, pretending that it has a self. It has given its self an identity, a name, a voice, a home, and relationships, and it is totally invested in being its self. It has no interest in discovering another self that would be outside of its self, and possibly control this small self. It has no interest other than being what it is. And therefore this self has no power to discover its self, no insights, and certainly no consciousness that would allow a greater Consciousness to enter. And thus lies the problem, does it not? (21:56)

Waking up and becoming who you are is as easy as taking the next breath, but the personality-self does not want this choice, does not want this option, and will deny that that choice even exists. And so, what moves this body, and this personality and this consciousness towards the light of God, towards the arms of God? (23:15)

There needs to be no effort on your part. You are Self of God. You are the Consciousness of God. Nothing needs to be done to alter this fact, this reality. If you simply introduced the idea that you are the Self of God, that you are the breath of God, that you are the action of God, that you are the eyes of God, the voice of God, the seeing of God as He sees Him Self, just this seed of an idea, this possibility of an idea, this seed within you grows larger and larger as a

reality. If you water this idea, nurture this idea, think about this idea, speak about this idea, this seed within you grows larger and larger, until it outshines all the other ideas and mis-beliefs that are held within you. You might say the door has been opened from the kingdom of God, and the light shines upon you, and that door can never be closed. Never again can you be within darkness. Never again can you be convinced that your consciousness is not the Consciousness of God, that your self is not the Self of God. (27:00)

And so as you listen Paul, as you write these words down, and as you speak of these words, the light grows within you. The tree of abundance grows within you; the tree of happiness; the tree of knowledge. And there is nothing that you need to do other than to water these ideas, nurture these ideas, speak about these ideas, and one day you will awake and your next breath will be the breath of God. The next step that you take with your body will be the body of God. The next action will be the action of God. The next sound from your mouth will be the sound of God. And your eyes will open and you will see the world of God, and you will feel the arms of God around you. You feel the security of God, the love of God, the sureness of God. And your life will come and go, and come and go, and come and go, and you will realize that your lives are but a flicker in time and space. And your lives are the lives of God, and your experiences are the experiences of God. (30:20)

And thus you move upon this world Paul, with the seeds of knowledge, with the seeds of understanding, and they grow within you. They are active within your mind, active within your body, and they move as God moves within you, and

they breathe your body as God breathes your body. And they fill your body with peace and joy, as God Him Self is peace and joy and love.

And so it is on this beautiful day Paul. This day of peace and relaxation, this day of sureness, this day of light and love, this day of consciousness and openness. And so it is. (33:34) End. Bell.