

07-27-14rax **Mind: The Manifestation Of Awareness**

Copyright © 2014, Paul Ray Huffman, Sedona, AZ (revised 07-28-14)

The following text was transcribed from Paul Ray Huffman's digital voice recording, July 27, 2014, approximately 2:30 PM, Sedona, Arizona, on a warm humid summer day.

It is July 27, 2014, Paul R. Huffman speaking, Sedona, Arizona, at approximately 2:30 PM, on a warm humid summer day.

Is it not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, a world of great harmony, a world that needs nothing to be who and what it is. And here you sit once again, wanting to know who and what you are, wanting to feel and experience life, wanting to be true to your Self, wanting to be the object of God, wanting to show God the love that He is, and wanting to be the experience of God, as God sees who and what He is.

You are both a *subject* of God and you are the *object* of God, Paul. You are God seeing Him Self. You live and swim within this great Ocean of Mind, this great Ocean of love. It is indeed the awareness of God manifested. It is the Stillness of God manifested. God sees who and what He is through His Mind. And you are the picture of God in form, (and) in manifestation. You are not created Paul, for you *exist* now, and forever within the Stillness. You are both the small picture of God, and the vastness of God's Mind. God cannot experience Him Self while He is held still within the Stillness. God cannot have a direct experience of Him Self within this Stillness. (07:45)

God desires to see Him Self and that *desire* creates movement, or expansion. If you strongly desire to know who and what you are Paul, even as form, even as the finite object of God, you will be moved and expanded *by* your desire. You will open and open, and move and move, until your consciousness *expands* to the doorway of heaven, or the doorway of Stillness. Your desire to know your Self expands you, and moves you, *into* the highest levels of manifestation of the Stillness. *Your desire takes you into knowing and realization. Who you are is revealed by your desire to know who you are.* God experiences Him Self, your Self, through His Mind, through *His* desire to see and know Him Self. (11:08) His desire to know Him Self moved and extended, or projected, the Stillness out into this void of space. He extended Him Self out so He could look back, and see, and experience, the picture of who and what He is. God identifies with this expansion, or projection, of His interior substance. He says, "That is What I Am. That is the Self of Myself." And God as manifestation, or projection of His interior Self, now can *be* Him Self. He can see Him Self, and He can experience Him Self. Just as your awareness-consciousness is attached to this body, Paul, or seems to be attached to this body, Paul, and identified with this body Paul, God identifies with His own body of manifestation. He becomes conscious of His body. He becomes conscious of movement. He becomes conscious of time and movement. God never not knows that He is *of* the Stillness, that He *lives* within the Stillness. He knows that He is having an experience of Him Self, and that experience is always of love and joy. God does not judge Him Self. God is in awe and wonder of Him Self.

The Stillness is always present. It is God being Him Self. God's Mind is always present. The manifestation of God is always present. No thing exists in the past or the future. No true knowledge exists in the past or the future. If you want to know, or desire to know who you are, you must be present and living within this present moment. God cannot experience Him Self in the past or the future, nor can God know Him Self in the past or the future.

Your pretend mind lives within the past and the future, and within a fantasy of memory, or a projection of fantasy into the future, because it is *there* that it cannot be found by God. It is *there* that it does not exist within God's reality, but it is *there* that it has a life, that it has the life of Paul. It identifies with the body, and with the image of Paul, and the past of Paul, and any future events that Paul might have. It has a birth, it has a death, and it has a life in between birth and death.

This ego self, this pretend self, cannot exist within this conversation. It cannot exist within the Stillness. If you try to take this idea, or thought, or concept of a pretend self into the Mind of God, now, it would not fit. It could not enter the doorway, or the reality of God's Mind. (21:40) That is because it does not live or exist within the Stillness of God. It is a thought form and it is a fantasy, and it makes the life of Paul. It can construct an entire life, and image and reality, around the body of Paul, the energy of Paul. Its purpose is to protect the body of Paul. It is the armor, or the shell around Paul. It lives within a pretend reality, and it relates to other pretend realities. If your world (reality) lives within the past and the future, then it has the language and the experience of past and future.

Your life Paul is being moved by God's *desire* to see who and what He is. Your life is not being moved by your ego, or the interpretation of your ego-thoughts. Your ego takes credit for the movement of your body, and the experiences of your body, but your ego always interprets the movement and experiences of the body after they have already occurred. Your ego thinks that it is the cause of you, the movement of you, and it is not.

This consciousness-observer is *within* this great Mind. All you must *be* [Paul] is present. All you must *do* is to show up and be present. These words are spoken without any interference, or editing of your pretend mind. You are breathing, and looking about your room without any interference of the past or the future. Your pretend ego-mind would like to interrupt, but it is having a very difficult time doing so. It wants to know *why* you are speaking without it. It wants to know *why* it has become abandoned. It is in a great deal of fear of losing its self, (and) in losing control.

There is nothing that you can do to change your life, for no change is necessary. You are born and then you die. You stand up and you move from room to room and then you sit down. Your ego-mind says that you must do something in order to become more and better. The Mind of God says that you cannot become more, or different, nor can you become better. The Mind of God says, "Notice what's moving you. Notice what is behind you. Notice what is inside of you. Notice that you do not have a life of your own. Notice that you move and breathe spontaneously. Notice that you do not have tomorrow, now. Notice that now is now." (32:20)

Awareness, or what you would call the pure awareness of God, speaks through Mind. In order for you, as the object of God, to know God you must listen to the manifested awareness of God. Mind is God's desire to see and to know Him Self, but is also the interpreter, the voice and thoughts of the pure consciousness (awareness) of God. God needs to relate to that which He is. God needs to communicate with His interior substance of His Stillness. God not only needs a mechanism in which to see and to know and to experience Him Self, He needs a mechanism in which to *communicate* with Him Self. God communicates with you Paul, through His Mind. Mind is a manifestation of God's conscious-awareness, and *you* are the result of God's conscious-awareness. Awareness desires to see Its Self, and thus you are being shown this moment, and thus you are being communicated towards this moment. Your consciousness is a *form* of Mind, or a *form* of God's awareness. Your consciousness of your self is not unlike God consciousness of Him Self. Your Mind perceives your self and experiences your self. God's Mind perceives and experiences Him Self. Your consciousness is the same substance as God's consciousness and knowing. Your mind and thoughts, and your ability to have a mind and thoughts are God's ability to see and to know Him Self. Your mind is *not* a foreign object. Your mind is not an abstraction, or even unique to you. Mind is shared by all things. (38:54)

Thoughts are simply pictures that *move* within Mind. They are symbols. You might even call them symbols of information, symbols of knowing, or symbols of communication. As you speak these words, you are speaking symbols of communication. You are seeing a picture, or an idea, and you are voicing what

you were feeling and seeing within this picture. Your ego mind is not present, and it is not speaking these picture-word-feeling-symbols. This tree outside your window is communicating with you, not only through your sight and hearing, but (also) through pictures and symbols that arise spontaneously within your Mind. Every thing in your manifested world is held within Mind, and it too contains *within* Itself Mind, and the ability to communicate through symbols, through pictures, through expression, within its own Mind. Every thing within the manifest world is an expression of God, or a picture of God, or a symbol-picture of God. No thing is hidden from God, and nothing is hidden from you, Paul. The manifested world is open and alive and knowable, and can be experienced and known by God. *Mind is God's pure awareness-consciousness manifested in form.* Every thing must be *seen* from the Stillness, from this present moment, in order to be perceived correctly. The Mind of God interprets and reveals the Awareness of God. In order for God to know Him Self, He must become some thing, or some form. In order for God to express Him Self, He must become some thing, or some form. God must become the *subject* of Him Self, in order to see the *object* of Him Self. God must become something, some *thing*, in order to see and experience His interior substance, this substance of Him Self. You must become form Paul, in order to experience your Self. You must have a form, or a vehicle in which to walk upon this Earth. You must have a form in order to see your self in the mirror, or in a reflection of your self. You must have a mind, in order to interpret and know your Self, as it relates to the Mind of God. End. Bell.

And so it is on this beautiful day, this beautiful day of clouds, and trees, and pictures of God.