

08-03-14rb **The Divine Presence Of Self**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, August 3, 2014, approximately 2:30 PM, Sedona, Arizona, on a cloudy moist summer day.

Summary: The Divine "I" or the individualized Divine Self is the manifested awareness of God. The Being or Is-ness of God became individual form through His desire to know, see and experience Him Self. The Self of Paul is the Self of God manifested into form. The divine "I" in form, or the object Paul is the divine "I" presence in the Stillness. Focus on and be present with the Divine "I" individualized Self and it will take you to the God Self. Discover and experience the divine personal-individual Self through divine presence. The Divine individual Self in manifestation, and the Divine Self of God is one in the same and it is the real and true "I" of Paul. It is who and what you are. "I am That I am" in body-form is the same "I am That I am" in the Stillness.

The ego-pretend-self also says, "I am, I exist, and I am Paul the body-mind," but the ego-self is made up of fearful thoughts of the past and the future, and therefore, it cannot exist within this present moment, and therefore it is not real. If the ego "I" moves towards this present moment it will disappear or "die" so it avoids the present moment by living within the past or the future through the "I" thought. The "I" thought" says that it is the chooser, and the decision maker, and causes things to happen. Consciousness is innocent and neutral and can be misdirected or distracted by the ego-thoughts of "I am the cause of you."

Practice identifying and focusing attention on the individualized Divine "I," which is always present within this now moment and relates to the Stillness.

Is it not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, a world of great harmony, and a world that needs nothing to be who and what is. And here you sit once again, wanting to know who and what you are, wanting some answers to the mysteries of life.

It is Presence is it not, that allows your consciousness to hear these words? Your Mind (consciousness) opens and opens within this Stillness, within this Presence. Your Presence becomes present within the Stillness. Stillness is everywhere. You cannot *not* be within the Stillness. Mind is God's desire to see Him Self. Your mind Paul is your desire to see your self. If you had no desire to see your self, you would not have a mind. You would not possess the ability to have a mind. Your ability to have a mind is God's ability to have a Mind. Mind connects all things, all manifestations. God desires to see and to feel and to know the love that He is. And thus awareness, God's awareness, became part of the manifestation of the Stillness. God's desire to see Him Self moved the interior substance of the Stillness into form, into expression of That Which It Is. God cannot see Him Self, nor can He experience Him Self, without the expression of the Stillness. The interior substance of the Stillness needs a way in which to relate to God's consciousness, God's awareness, or God's knowing. Relationship, or the relative, is essential in God seeing, knowing and experiencing Him Self. For you to know your Self Paul, and to experience your

consciousness, and even this body, and your senses, your consciousness must be in relationship with some 'thing.' Your consciousness has chosen this body to be housed within, and to feel the feelings of this body. Your body can taste the different tastes of food and textures. You can feel the wind on your skin, and can feel the wind as it blows through your hair. You can touch your self, your own body, or the body of another person. (10:15) You can smell a flower, or you can smell the hair of another person. You can see light and form. You can see (or experience) through your consciousness-awareness, the light within this world and enjoy this world, or you can be in a great deal of suffering within this world. (11:38)

Your consciousness is focused within this body, but it also exists and is part of and it is the substance of the Mind of God. The Mind of God is the picture of God. *The Mind of God is the picture of God.* Consciousness is a great gift and you are aware of your consciousness and presence, now. The Stillness of God, and God's awareness, God's being-ness, God's existence, extends from the Stillness into the presence (and) consciousness of Paul. And Paul's body and consciousness, extends deeply within the Still awareness of God. (14:17)

Consciousness is made of the same substance as pure awareness, pure being. Your body, as a thing and picture of God, is made out of the same substance as the pure consciousness of God. The manifestation of God's interior substance is simply the *movement*, and the picture, and the knowing, and the experience of God's interior substance. (15:46) Manifestation of the Stillness is what you call life. It is what you call your universe. It is what you call movement, and change,

and growth. It (manifestation) is the experience of the interior substance of God's Stillness.

Being *alive* is both an individual, or (an) individualized experience-focus, and it is also the universal experience of God. There is the pretend self of Paul, the ego "I," the ego thoughts, and there is the Divine Presence of Paul. *The Divine Presence of Paul is in no way related to Paul's ego-self. Your Divine Presence is present now, Paul, and it is the God within you.* It always seems to be hidden, because its language, and reality, and even its images and thoughts are of this present moment. The ego-self deals within a world reality that recognizes suffering, which recognizes retribution, and non-forgiveness, and also recognizes the future. The ego-self is based on [the] fear of the past and [the] fear of the future, and it places itself in a world that relates to fear. If you relate to a false reality of fear, then you shall have fearful experiences, and you shall gain fearful knowledge, and thus the (individual) self experiences suffering. If you choose to relate to this present moment, and relate to the (Divine) Presence of Paul, that is, the pretend-self turns and looks and surrenders to the (Divine) Presence of Paul's Self, and the presence of the Stillness, then Paul's life also turns and becomes the Life of God. Paul's Divine Self is his individual consciousness, and his expanded consciousness, which is the presence and awareness of God. The Divine Self of Paul can only exist within this present moment. It has no past or future, but it does have a *direct* relationship with the Interior Substance of God.

Your relationship with the things and the people of this world *determine* the *picture* of your consciousness, the *picture* of your expanded consciousness. As you, as consciousness, relate more and more to That which you are, which is divine consciousness, and divine substance, divine knowing, divine experiencing, then your life turns and faces the presence of God. The manifested object of God (Paul's body-mind-consciousness) faces the pure consciousness-awareness of God. (25:20) You as a consciousness, as some *thing* that experiences life, have never left the Awareness or the Stillness of God. The only thing that has left (that was forgotten) was the knowing, or the realization, that you *are* the awareness and Stillness of God. (Your) Consciousness has been misdirected. (Your) Knowing has been misperceived. Your relationship with other things and people has been misdirected, and it has caused you suffering Paul, depression, (and) misunderstanding. As you relate to your own Divine Presence, which is held within you (body-mind-consciousness), and held still within time, and held still within the Stillness, your life is moved by this great Ocean of Mind, which is moved by God's desire to see and to experience Him Self. (28:10)

Life is extremely simple, and straightforward, and easy, and abundant, and happy, or non-suffering, as you choose to be present, and to relate to your own Divine Presence. Divine Presence is not outside of your self. It is contained within your consciousness. It is contained within this Ocean of Mind. It is contained within the heart of God, and the *desire* of God to see, and to experience, and to know the love That He is. Turning the body and the mind (consciousness) towards the direction of your Divine Presence, changes your

life, and changes your life, and guides your life, until your life become God's experience and knowledge of Him Self. Your presence Paul *is* the presence of God. There is only One Presence, One Mind, and One Awareness.

Suffering of the mind and body always leads to change, always leads towards the desire to know happiness. You can experience an "I" self individual within this body Paul, but it is the Divine presence of an individualized-self (the Divine "I"), without name and without death, and it is in relationship to this now moment, now. It relates to the Mind of God as a thing of God, and it is also the experiencer of God (Ask ?). It is experiencing an individual form, and knowing an individual form, yet it is also held within the presence of God, the presence of this Stillness. *Your individualized pretend mind is the source of your unhappiness, Paul. It is the source of your depression. It is the source of your "I" thoughts, which relate to other "I" thoughts, with a future and a past. (35:43)*

God must be in relationship with Him Self, with His interior substance, in order to know and to experience That which He is. You must be in relationship with your *true* inner Self Paul, in order to experience and know Who you are. You have been given the *gift* of Knowing, and awareness-consciousness, and experiencing, and seeing, and sensing That which you are. You have been given the gift of Life, and that Life is without end. It is the Expression of God now, as God sees, and experiences, and knows Him Self, Now.

You are only in relationship with your Self (the Divine "I"), which is God *expressing* in manifestation, God *expressing* Him Self through form, and that expression is joyous, and blissful, and without effort.

And so it is on this beautiful day, this beautiful day of clouds, and partial sunshine. And so it is, with the Divine Self of Paul in relationship to the Divine Presence of God. And so it is. End. Bell.

Notes: Your consciousness and focus determines the picture-manifestation of your "I" Self each moment. You are re-picturing your life each moment. You are living and expressing a new life each moment. The Divine Presence of Paul is present each moment to see and to become Its Self. It is the Desire to see the Love That You Are that manifests and reveals the Divine Presence of Paul. It is Desire that opens and reveals the Stillness into form and Life. The Divine Self of Paul is occurring Now, now within this forever presence-space of Now. Desire is the cause of Mind-Awareness. The intensity of your desire to know Your Self determines your expanded state of consciousness.