

09-09-12a PH Chan **Open Your Eyes And Mind Now!**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, September 9, 2012, approximately 2:30 PM, Sedona, Arizona, on a partly cloudy warm summer day.

Summary:

Is it not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great harmony, a world of great peace, a world that needs nothing to be whom and what it is.

And here you sit once again, desiring to know who and what you are.

Desiring to understand the reality of life, and how the self of Paul functions within this reality of life. You are here, now, are you not? You are not outside, but you are sitting in this chair inside. You desire to be with God. You desire some peace and even pleasure. You desire to be left alone so you can contemplate your existence. You desire to speak to God, and you desire God to speak to you. You feel that this world and your reality is a mystery, and you feel often as a blind man, feeling your way through the obstacles of life. If you could only see clearly, if you could only have sight and be able to see your life, be able to know what to do, and move through life with pleasure and discovery and excitement and joy and love. If only life was easier, clearer, and without obstacles, without limitations.

You just want to be left alone, do you not? (06:05) You desire to have enough money in the bank and shelter keep you warm or cool, and nice car to

drive around town, and maybe even visit another state. You desire friends and even loving girlfriend. You desire to live out the rest of your life in some security and peace. You desire to feel the love and the presence of God most of the day. You desire to be the instrument of God, the Self of God, and move about your world, held within the heart of God.

And so be it Paul. Your desire is your path. Your desire is this present moment and your desire is also your future moment. You could pass from this earth today, or tomorrow, or 10 years from now. Why not embrace life now, fully? Why not open your eyes and looked about the room, and declare that this is my path, this is my direction. "I can now see the obstacles, and I can now avoid the obstacles. I can embrace life. I can accept life. I resist not what life brings me. I resist not my aging process. I resist not this body. I resist not this mind and self. I resist not my neighbor, or my friends. I resist not my things or even my lack of things, or my money, or my lack of money." God moves through you Paul in order to see and know Himself. God is your vision. God is your awareness. You as a personality-self cannot in any way you see your path upon this earth. You as a self cannot see the obstacles within this room. God can see forever-ness and God can see you with-in forever-ness. What you perceive as an obstacle in your life, or your path, is not necessarily an obstacle to God. Your perception of life is not God's perception of life. Your fears are not God's fears. Your limited awareness and consciousness and limited mind is not the limited consciousness and awareness and mind of God. Only by surrendering all that you think you are, only by surrendering your physical body, and your physical things, and your

attention, can you fully be held by God. You are indeed blind as you sit within this chair. You are indeed limited as you sit within this chair, but it is your right and the gift of God to you to wake up, not unto your self, but unto God and God's consciousness. God awaits Himself through you. God awaits His life and path through you. You may remain blind unto your self for millions of years, but God is never blind as He sees you, as He feels you, as He surrounds you. His eternal patience and compassion and love for you are without end. Only you can choose your blindness Paul. Only you can choose your suffering and your not knowing. God has absolutely nothing to do with your confusion or suffering or blindness. The small personality of Paul chooses blindness and unknowing in order to stay hidden from God. You think that you fear and suffer the world, but it is not the fear of the world that you possess, it is the fear of God, and it is the fear of the Great Self.

The small personality-self does not want to die and surrendering unto God, for feels that its life will end, and its control of life will end. But you Paul, as a self, have no true life, and therefore have no true control of life. If you are blind within this world, you are blind within this world. If you have no life within this world, you indeed have no life, or control of life within this world. You choose the suffering because you think suffering is a way of life. You choose blindness because you think blindness is the way of life. Only by sitting within the Stillness, within the core of who you are, can you overcome blindness and misperception and fear. You are the center of God expressing outward into this world. You are not the small personality of Paul trying to express in this world. [You are Paul] or, You

are God with the attachment of the small Paul-self moving about this world. You are being carried by God and breathed by God at this moment. (22:40)

You cannot pretend not to be the self of God, without the presence of God held within you. You cannot pretend not to be God without the power of God. The power of life is the power of peace and security. The power of breath is the rhythm of life. Your heart beating within your chest is the rhythm of life. Your body moving from room to room is the movement of life. Your voice is the song of life. All that you are is the expression of God. With every breath God sees and feels Himself. With every heartbeat God sees and feels Himself. You can pretend to hide from God, but you cannot. You have never been able to hide from God. You have never not been God expressing Himself to Himself. Your voice sings the song to God. Your voice praises God's love and God's life. Your voice expresses God to God. You are the image of God, mirroring that which God is. Despite your blindness and your unconsciousness, God loves and holds you and God is pleased with who He is through you. (27:22)

Only your mind is blind Paul. Your essence, your body is awake and alive.
The smallness of your self, the smallness of your mind, runs and influences the vastness of who you are. If you are unhappy, stop and ask who is unhappy. If you are blind and running into objects, the objects of life, stop and ask who is blind, and who was running into these objects, who is having difficulty, for the vastness of you who you are, the 99.9999% for-ever, is having no trouble whatsoever being life, doing life and feeling the presence of God. The part that is within you Paul that suffers, is but a small shadow, an unloved part of you that is

indeed blind and dark and lost. The unreality of you is blind and poor and suffers greatly. The reality of you is vast and powerful and strong and forever. And yet the unreality of you is familiar and even comfortable, and you cling to it, as you would cling to an old and dying friend. (31:57) ****

The smallness of you Paul, seeks help, it seeks clarity. It desires to improve itself, to improve its clarity and understanding of life, and yet you cannot improve upon something that does not exist. You cannot give knowledge to something that cannot retain or contain the knowledge. You may dream about fixing up this beautiful sports car in your driveway, you may dream about what it is look like when you have it repainted or reupholstered, or maybe a new top. But there indeed is not a sports car in your driveway. There is nothing to paint. There are no seats to upholster. The car indeed does not exist. It only exists within your imagination and fantasy. You are the love and the peace of God. It is not to be imagined. It is not to be improved upon. It is only to be realized by that which is within fantasy, (by) that which is blind.

There is nothing that you must do to realize that God is within you now, other than to realize that God is within you now. It you are choosing to hold your eyes firmly tight and closed, simply choose to open your eyes. You certainly have the ability to open your eyes and it is certainly to your benefit to open your eyes. And would life not be easier, if your eyes were open and clear, and you can see God standing within you, and you standing within God? Would it not be easier to gaze upon the vastness of Who You Are? Would it not be easier to rejoice within your own presence of That Which you are? (38:25)

[You are [not] escaping into a false personality-self Paul, or let us say,] you are not escaping into God, or even a fantasy image of God. You are simply being who you are. But you are escaping into a fantasy self. You are moving into a small self that you think will protect you and guide, and lead you in the right direction. And you do this by closing your eyes and moving about the room, running into obstacles that are within this room. And you declare that that is the way of life, for everyone else has their eyes closed, and everyone else is stumbling into the furniture and the obstacles.

The way of life has nothing to do with your perception of life, or your knowledge of life or what you think life is. The mind of God is the only Mind that exists. The body of God is the only body that exists. The presence of God is the only presence, the only energy, the only power, that exists. We say to you Paul, open your eyes. And you say to us, "I do not know how to open my eyes," and we again say, open your eyes, relax. And you again say, "I am afraid to open my eyes," and we say that is a good beginning to acknowledge that you are afraid to open your eyes.

So the first step, you acknowledge that you are blind, and that you desire not to be blind. Second step, is to acknowledge that you are afraid not to be blind, that you are afraid to open your eyes. You are afraid if you open your eyes, you may see something that is uncomfortable, or that is scary, or does not fit into your understanding and perception of reality.

And so Paul, you have acknowledged that you are blind, and now you have the insight that you are afraid not to be blind, you are afraid of the discovery of

sight. You are afraid that the world would be different, unfamiliar, uncomfortable, scary, if you open your eyes. You are afraid that you will change and that you might even die. You are afraid that your neighbor or other people will hurt you for your new perception of life, and your new expression of what you see. You are afraid to open your eyes for you feel it will be painful, and that you will suffer greatly. And yet you suffer greatly, Paul as you choose to keep your eyes closed, as you choose a self and a mind that is not real, as you choose to improve upon something that does not exist. (47:10)

If you desire a vast amount of money, or desire the security of money, who is desiring that? Who wants money? Who wants security? Who wants the shelter? Who wants not to suffer? We appeal to your reason and logic Paul. Why invest in a self that does not exist? Why invest and try to improve upon something that is temporary and that will not live beyond the body of this life? Why not move into the vastness of forever-ness and love and power and security? Why not invest into something that holds you within his heart, within the stillness, and yet allows you the freedom of the universe, the freedom of all of creation? Why would you invest in something that keeps you blind and keeps you constantly in suffering? Why not invest in freedom and love and peace? Why not invest in clarity? Why not invest in knowing who you are at this moment? Why not invest in something real and forever? The sports car does not exist within your driveway. Your body sits upon this chair, but the consciousness around your body, around your body, the awareness around your body, the self that it thinks it is a self within this body, does not exist. The self's perception and understanding

of the world does not exist, but somehow God is present, and somehow God breathes to you now. And somehow your heart beats with the rhythm of life, despite the fantasy of your self, despite your blindness, despite your pretending not to know who and what you are.

As you begin to open your eyes, you will perceive and see the insanity of your self and the insanity of your world. Do not judge your self and do not judge your world, for all is moving into the arms of God. All is moving into the heart of God and the mind of God. And if you are fortunate enough to open your eyes and mind and perception this lifetime, gently express your experiences to those who wish to listen. And if you only half open your eyes this lifetime, continue to express even that experience. If you glimpse yourself within God just for a few moments, express that experience, for the expression of God is now, and the opportunity to express God is now. And if you choose to close your eyes and close your mind, the next moment brings an opportunity to open your mind and open your eyes. Now is who you are, and the next moment will bring another opportunity to realize who you are.

And so life moves forward. And so life moves. The joy of life is now. The movement of life is now.

And so it is on this beautiful day with the white cloud of blue sky. And so it is with the light of day. And so it is with your eyes fully open as you express the love of the Self, the love of God. God is always ready to express that which He is. He does not close His eyes even for one split second. God is always available to you, and His seeing is always available to you, now.

And so is Paul, now. Your life held within the heart of God's Life, now.

And so it is. End. Bell.