

09-23-12a **Choosing God's Mind**

Copyright © 2012 by Paul R. Huffman, Sedona, Arizona

The following text was transcribed from Paul Ray Huffman's digital voice recording, September 23, 2012, approximately 1 PM, Sedona, Arizona, on a partly cloudy cool summer day.

Is it not a beautiful day today, Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, a world of great harmony, a world that needs nothing to be who and what it is.

And here you sit once again, confused about life, confused about your mind, not knowing how to control your mind, or to not control your mind. You do not know what to do with this property, or with the shared well. You do not know what to do with the potential buyer of your land. You do not know how to act, or be from moment to moment. Your mind is full of fantasy and fear. It obsesses over your land, the sale of your land and the future of this person you described as Paul.

Your mind thinks that it has a life. It thinks that it is you. It believes that it is you, (and) in some ways it is innocent. It has been created by your society and it has been created by your lack of mindfulness. If you do not pay attention to the workings of your mind, your mind will run your life. If your consciousness (and) awareness believe that the mind is who you are, then your consciousness and awareness and your mind become one in the same.

You must step away from your mind and allow your mind to do what it does. It thinks, it worries, it has concerns, it has plans, it has a list of things to do, and it

has a life of its own. And your consciousness, awareness, becomes more and more frightened of this entity, or nonentity, non-self, as it realizes that it has very little control over this entity that seems to be running your life. Your mind thinks that it is your life, and therefore it is confused, and in fear when its existence is questioned. Your Life is the Life of God Paul. It (your Life) is the consciousness and awareness of God. It (God) is your primary consciousness, the primary Observer of your life, and the Experiencer of your life. (09:45)

Your mind experiences itself, and it desires to continue to create more experiences in order for it to have a life. Your mind says that you will live forever and you will not. It says, "Do not worry about the body, I will take care of it." But your body will age and it will die, and your mind may even be confused by your own physical death. And your mind will live, for a while, as a mental image of who you are. It (mind) is backed by the power of the Mind of God. It draws its energy and power from the mind of God. You might describe it as a shadow (mind) of the Mind of God, but it is not the Mind of God. (11:30)

There is only the Consciousness and the Self of God, Paul. God desires to see Him Self, and thus He created Mind in order to observe Him Self and experience Him Self. So, (therefore) characteristics of the Mind of God are also the characteristics of the small mind of Paul. The small mind of Paul desires to see and to know its self. It desires to have experiences, or to experience itself, or experience your body, experience this world, but the small mind of Paul is disconnected from the Mind of God. It has separated its self through its own beliefs, through his own thoughts, through its own language, (and) through its

own idea of itself. It cannot experience God because it believes that it is independent, and that it is the god of your being. There is no room within its mind for there to be a greater god than its self. Any other god would be a threat to its self, (and) any greater mind would be a threat to its self. And it must perform a dance of anxiety and fear, and thoughts of the future and thoughts of the past. It must keep you busy with doing (and) performing. (14:45)

Your mind is not evil Paul. Your mind is innocent. (However) It is insane and irrational in its beliefs and thoughts. Your mind is without the knowledge of God and therefore, it cannot perform correctly, and therefore, it does not have the knowledge or the tools to be sane. Your mind is in constant survival because it does not know who or what it is. When your mind, the small mind, is integrated within the Mind of God, it relaxes, and it becomes the servant of God. The small mind is repetitive and habitual, and full of false beliefs. You cannot control your mind, because it is a part of you, (and) it is a part of the Mind of God. It is a part of God describing Him Self to Him Self. Mind is hardwired within you. It is part of your makeup. It is part of your being. You are so use to giving attention to this shadow mind, that you are unaware that there is indeed a greater Mind in which you can draw from, and in which you can focus upon, and you can give attention to. You give attention to the greater Mind of God, which is also your greater Mind, by focusing, by practicing, (and) by giving attention to this vast, vast Mind.

(19:05) It contains all the answers for you. It contains your way of life. It contains guidance (and) information. It contains the truth of life, the way of life, the path of

life and it is freely yours. The only effort on your part is to choose to give your attention unto this greater Mind. That is all.

Your small mind is busy and noisy, and insistent and insane. It can indeed, help you write a letter. It can help you speak to your neighbor, but the content, the feeling, the substance of what it says comes from the greater Mind of God. Your small mind might have an opinion about what you should do, or have an opinion of who you are, but it is mostly wrong. It is mostly ignorant. It is mostly misinformed. It is full of mis-beliefs, full of mis-concepts. It is full of observations and experiences that color your life, that guide your life, and they are, for the most part, simply wrong. Your small mind creates suffering within your life, because it does not have the knowledge to create happiness and peace and joy within your life.

Would you put a two-year-old child behind the wheel of your car and instruct the child to drive you to the grocery store. More than likely, you would not make it to the grocery store. You would probably not make it out of your driveway. And yet, you have given your life over to a mind that has the knowledge of a two-year-old, and you say to this two-year-old mind-entity, "Do my life. I trust you. You are who I am. Drive me down the road. Tell me what to do."

Placing your small mind in charge of your life is absurd. It is a disaster. It causes great suffering for you Paul, and it causes great suffering for your neighbors. Your small mind is simply not qualified to run your life. It knows not of your life Paul. It has been instructed and taught by other two year old minds. If your teacher has a mind of a two-year-old, you will not learn more than what a

two-year-old mind can teach you. This is not as difficult as it seems. This, indeed, is pretty much black and white. You have a choice between a two-year-old mind, or the vast Mind of God. What is your choice? What is your focus? You have a choice between a small mind that causes you a great deal of suffering, and a Mind that guides you into a Life of forever-ness, that guides you beyond the death of your body. The two-year-old mind denies the death of the body, and it certainly has no plans after the body dies. (27:28)

If you believe that your small mind is who you are, you will be greatly confused by the death of your body. You must, at that moment, wait for your small mind to dissipate, to break down into sentences and thoughts and mis-beliefs. You must wait for your consciousness to wake up and to declare, specially after death, "That this small mind is certainly not who I am. It certainly knows not who I am. It certainly does not have the capacity to know who I am." Did you not demonstrate this afternoon, the small mind confused, [and] noisy, eradicate, (and) fearful? And as you observed it, it would not stop its fantasies. It did not comfort you. It did not love you. The small mind was focused on its survival, and since it thinks it is you, it was is focused on your survival. And since your consciousness believes your small mind, you became focused and engrossed on your survival. And yet you took a few deep breaths, you shifted, you asked for guidance, you ask for this channeling, you asked for the Mind of God, and here We are. We being the Mind of God, We being the Self of God, We being the consciousness of God, We being the higher true Self of Paul. And so, you have demonstrated your ability to shift your attention into a greater Mind.

Your small mind is in the background, is it not, complaining every second about where you are? It wishes to have a few words with you. It has concerns. It has some more ideas. It feels that you are wasting your time and that you are not getting the correct information. If you would only listen to it for a few moments, you would be happier. If you only listen to it for a few moments, it would give you another solution to your problems.

Is this not humorous Paul? Is this not absurd? You have the choice of forever-ness, happiness and peace of mind, and you have a choice of worry and fear and concern, intention, and even death. And so, why is this so difficult for you? Why do you struggle Paul? Why is this choice so difficult? The small mind has history and familiarity, and it is habitual. It is intertwined with language and thoughts. The mind of God is relatively new and vast. It contains unusual concepts and thoughts. The Mind of God contains new perspectives, new understandings, and at first, it does not seem real. How can the idea or the thought of God be real? How can the thought of a loving and an all-inclusive Mind be real? How can there be only one Self? How can there only be one Mind? You have experienced an individual separate mind all your life, and now you are being introduced into a total Mind, a vast Mind, that includes every human, every animal, every planet, every thing. How can such a Mind to exist? (38:00)

The vastness of God is who you are Paul. The vastness of God's Mind is who you are. You are not a separate being outside of the field of God. You are God experiencing this body, (and) this world. You are not just a body

experiencing this world. You cannot take the next breath without the power and the presence of God.

You may feel, through your small mind, that you possess a complexity of problems within your life at this moment. Your small mind says, "You are in big trouble and you better do something now." And if you believe this two-year-mind, you will panic, and you will do something now. If you ask the Mind of God, the Mind of God will say, "It appears that you have a problem, but there indeed is no problem at this moment." If you wish to have anxiety and fear, you can have anxiety and fear. It is your choice. If you observe and experience and not judge that which comes at you, observe and not judge your experiences, (and) if you remain open and loving and inclusive, you will have the best outcome. (42:12)

If you react in fear, you shall receive fear. If you react by closing down, you will close down.

Life is full of obstacles and situations and events, which seem to threaten you Paul, but they only threaten your two-year-old mind. No matter what you do, no matter what your decisions are, this body will age and die. No matter what you do, your money will eventually dissipate, or you can gather a great deal of money, but you will die and the money and the security and the homes will all disappear. What will you have left Paul? Will you have peace of mind? Will you have forever-ness, or will you have a two-year-mind that runs you even after death?

The decision to be who and what you are, is now, it is not tomorrow. Your attention is the attention of God. Your observation of That Which You Are, is the

observation of God. The choice of what mind to choose is now. Are you not demonstrating, at this moment, your choice of mind? Your two-year-old mind cannot speak these words. It has no capacity to speak these words. It does not know of God, it only knows of its self. As you choose to observe your two-year-old mind, and not resist your two-year-old mind, and certainly not obey your two-year-old mind, it will relax, and it will relax. And as you study this material, the Mind of God, the vastness of God, will become stronger within you, and it will become more real. It will seem as if it will begin to have a substance. As you believe the mind of God, it will begin to have substance. It will begin to have a reality within your life. Do you see this Paul? This voice that speaks through you Paul, is Who You Are. It is the Self of God. It is the highest Self of Paul. It is the Voice of Creation.

There is only one Mind Paul, and that is the Mind of God. There is only one Thought and that is the Thought of love and forever-ness and peace. There is only one Voice Paul and that Voice is shared by everyone; that Voice is shared by the tree outside your window, or the plants or the animals, or the stars, or the sun, or your planets. Every thing of Creation speaks with one Voice, for it is how God hears Him Self.

There are no different opinions about the characteristics of God (within Creation). There is no conflict within God. There is variety, and there are almost infinite experiences of God, but there is no conflict. The Truth of God is the Truth of God. Everyone, Paul, speaks the Truth of God, if they choose to speak the Truth of God. Every thing is in harmony with every thing else. If your planets

were not in harmony with themselves, they could not revolve around the sun. If your plants and animals and the nature of your world were not in harmony with each other, they would soon die and disappear from this earth. The balance of life is the Truth of life. (53:27) The harmony of life is the Truth of life. God desires to see the beauty and the love that He is and thus You exist.

There is nothing that you need to do to prove your existence, for you exist at this moment. You do not need to deserve or improve yourself in order to exist. You exist by the grace of God. You exist by the love of God, now. If you desire [or wish] to suffer and to be driven around by a two-year-old, that (it) is your choice. If you wish a life of peace and love and forever-ness, that is also your choice. Have you not anchored yourself within the Mind of God, now, Paul, this moment, this day? Is it not possible to continue your focus and attention and choice to be held within the arms of God, to be held within the Mind of God? If you can choose God's Mind now, and God's presence now, why cannot you choose God an hour from now, or four hours from now, or tomorrow morning?

And so, it has been shown, and so it has been proven, that the Voice of God exist within Paul, that the Mind of God exist within Paul, and Paul has made a conscious choice, not a forced or fearful choice, but a conscious choice, to be held within the arms of God now, now. (57:35)

And so you exist Paul, and so God exists. And so the power of God's Mind and beauty and patience and love surrounds you. Your two-year-old mind should be held and loved, and even listened to, but it should not drive you around. It should not cause you pain or suffering. Observe it Paul, do not resist it, (and) do

not judge it. Give it the time that it needs. But in time, it will take less time, and less time, and eventually, it will be held by the Mind of God. It will return to God, and it will finally, finally, be happy and at peace.

And so it is today, on this beautiful day, on this day of decisions and choices, on this day of clear thinking, clear understanding.

And so it is. End. Bell.

Choosing God's Mind