

10-01-12 PH Chan **The Transformation Of The Self**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, October 1, 2012, approximately 10 AM, Sedona, Arizona, on a beautiful fall day.

Summary: Once you enter the Mind of God the problems of the world begin to fade. The expansion of the mind into the Mind of God is the expansion of perception, clarity, love and peace.

Is it not a beautiful day today Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, a world of great harmony, a world that needs nothing to be whom and what it is. And here you sit once again, wanting to know who and what you are, wanting some answers to life's problems, (and) to life's sufferings.

What makes Paul suffer? What makes Paul happy? What is Paul's joy? Why is Paul upon this earth? Is there even such a thing as Paul? What is Paul's relationship to his neighbor or to his friends? What is important in Paul's life? What is a distraction? What is time? And what should Paul do with this body with the time that he has left? What should he do with his mind? What should he do with his voice and words and writings?

Today is a new day is not? Today is a new beginning, a new way of living, a new way of being, (and) a new way of thinking and acting.

The small pretend mind desires to have a life, and it desires to have experiences. It desires to have friends. It desires to be successful. It prides its

self on having things and accomplishments. It desires status among other pretend minds. It does not see the world as God sees the world. It does not perceive life as God perceives life.

Your small mind, within you Paul, is very powerful, for you have given it power. You have made it real by your attention to it, and now you are deeply afraid of your mind. Your mind can cause you great suffering. It can move you into a direction that is not good for you, nor is it good for the world. Your mind can say and do things that you regret, or that causes you harm. Your small mind desires to have a life despite the consequences to your body, or to this world, or to your neighbor. Your small mind has been mis-trained and misguided. Your small mind has been trained by other small pretend minds, which know very little about life.

In order to have a real and true life, you must begin each day by questioning your pretend mind, by allowing the pretend mind to recede into the background. You must seek guidance Paul, from who We are. We are of the Self of God, as you are of the Self of God. There is only love, giving and receiving love, and the expansion of the mind. Once you enter the Mind of God, and continue to enter the Mind of God, the problems of this world begin to fade. The fear of death begins to fade. The fear of your pretend mind begins to fade. God desires to see Him Self through you, forever, not just in this moment, but forever. Life is forever, and this moment is but a moment in time. This moment is but a moment within forever-ness. (16:04)

The expansion of the mind is also the expansion of consciousness and awareness and observation. The expansion of the mind is also the expansion of perspective, of perception, of understanding, (and) of clarity. A clear mind is without confusion and without fear. If your mind is held in fear, it is indeed held within confusion, and the opposite of clarity. Clarity, or a clear mind, knows not of fear. It only knows of the love and the presence of God. The pretend mind is based in lack and it is based in fear, and therefore, it is confused and without clarity. In order for the pretend mind to have a separate life other than the life of God, it must be based in confusion and fear, in order to pretend to be separate from God. The pretend mind must shield its self from the glare, or the observation of God, in order to exist. If God could observe it, or if God could shine His light upon the pretend mind, the pretend mind would disappear. If the pretend mind could witness, or even perceive the presence of God, it would immediately change and become the Mind of God, for it would have no choice, because it is of the Mind of God. It is related to the Mind of God and it draws its power from the Mind of God. The pretend mind has the characteristics and the nature of the Mind of God. The pretend mind was born from the Mind of God. The pretend mind developed thoughts and beliefs, or mis-beliefs, or mis-thoughts, that allowed it to become a shadow mind, that allowed it to pretend that it was separate, and is separate from the Mind of God.

The pretend mind decided to explore what love is not, and what God is not, and what reality is not. (23:39) And so, the pretend mind descended into darkness and withholding, and into the shadows of reality. And it is there that the

life of the pretend mind suffers and suffers greatly. And for you Paul, the pretend life of Paul is about over, it has completed its journey, it has completed its exploration, and it has found nothing of importance within its life. It has found no value, or wisdom within the shadows of life, within the poverty of life, (and) within the fear of life. (25:55)

And so, your pretend mind has declared a truce. It has declared a surrender unto That Which It Is. It has declared [a] surrender through its pain and suffering, through its lack of knowledge, through its lack of clarity, and (from) its exhaustion of fear. It has declared its self as a non-life, a non-entity, a non-voice of Paul, and the (non-body) body of Paul. And Paul's attention and consciousness and awareness, accepts and holds the surrender of this nonentity, the surrender of this shadow self, the surrender of the pretended self of Paul. (28:20)

And so, it is a time of transition. It is a time of transformation. It is a time of observation and surrender, unto That Which You Are Paul. And as you surrender the old ways, the old patterns, (and) even the old consciousness, you must accept and trust, that there is a new Self related to the Self of God, that awaits you. You must accept that there is a new way of speaking and being. Who you are is not necessarily of public display. Who you are now, is not necessarily something that needs to be announced, even to your friends. This transformation of mind and thoughts and actions, will not necessarily translate into joy and happiness and abundance, but it will translate into a peace of mind, an inner security, and an inner clarity that you have never felt before. (32:05)

In time, you will accept your body as it is. You will accept your world as it is. You will accept your situation as it is. You will accept your friends as they are, and you will accept what you are guided to do and say and write, without consequence, and without fear. You will accept your Self, as the Self and the observation of God. You will accept your Self as the consciousness of God seeing the love that He is.

This, in no way, makes you special. You may appear to be a little different than your neighbor. You may appear to say things that even seem odd, or even out of place to other people, but it is of no consequence to you Paul. Your purpose is not to save the world, or to even save your neighbor. Your purpose is to wake up into the consciousness of God, the awareness of God, the clarity of God. Your Self becomes the Self of God, the Reality of God. (36:30) God's purpose is to experience the love and the generosity, and the giving and receiving that He is. God observes (you) and then becomes all that you are Paul. And you observe the Presence of God, and then you become all that God is. There is an exchange of attention, and consciousness, and awareness, and being who you are. (37:45)

If your body dies tomorrow, so be it. If your body dies 20 years from now, so be it. Transformation is indeed transformation. As your identity shifts from the pretend self of Paul, it transforms into the reality of God's presence and world, and that transformation can be painful, and confusing, and you can experience fear during this process, but the pain and confusion and fear is short lived. As you resist less and less, the transformation becomes easier and easier. If you

hang on to your old ways, you will experience some pain and suffering. If you let go of who you think you are Paul, you will move into the consciousness of God relatively quickly. You will move from insanity of the small mind, into the sanity of God's Mind. You will move from what love is not, into what love is. You will move from a fearful life, into a life of peace, and (into) what you might describe as security. You will move from a life of not knowing, into a life of knowing. You will move from a life of fear and confusion, into a life of love and clarity.

The presence of God surrounds you now, Paul. The love of God surrounds you now, you are held by God now.

And so it is on this beautiful day, on this day without resistance, on this day without judgment, on this day of transformation and clarity.

And so it is. End. Bell.