

10-01-13a PH Chan **The Road To Love**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, October 1, 2013, approximately 10:00 AM, Sedona, Arizona, on a beautiful fall day.

Summary: The road to love is simple for the heart, complicated and dangerous to the mind, and terrifying to the ego.

Is it not a beautiful day Paul? The sun is shining and the birds are singing and all is well in your world, a world of great beauty, and a world that needs nothing to be who and what it is. And here you sit once again, wanting to know who and what you are, wanting answers to the Way of life. Love is all around you Paul. You have never left the state of love. You live in an ocean of love. No matter what you are thinking that (No matter what you think) your life is doing at this moment, no matter what you are feeling, you live in an ocean of love. No matter what you and Ms. D do together, or not (do) together, does not change this fact. If you become sick and die tomorrow, you will not leave the arms of God, (and) you will not stop swimming in the ocean of love. Your mind desires to control your life in order to have a life, but your mind cannot control your destiny, your purpose, nor can it control your way of life. It can certainly make its self miserable (and you miserable) if you identify with it, and it can make others miserable, as others identify with it. If you do not identify with your mind, it has almost no power; it has almost no impact upon your life.

All relationships are of God, period. Your life is the life of God and therefore your life is the business of God. It (your life) is not the business of your mind or your ego. Your purpose of (in) life is to show God the love that He is. Your purpose of (in) life is to show your partner the love that he or she is. Your purpose in life is to show the world the love that it is. This is not complicated. This is not brain surgery, or rocket science. This is simply breathing each moment, and expressing with each breath your love for God, which is your love for your Self, and your fellow man, and all of nature, and all of the universe. If God is who you are, (if you are the Self of God), then God gives you every thing in order to perform your job. Nothing is withheld from you, and therefore nothing is withheld from your neighbor, or your girlfriend, or from the peoples of the world. (09:27)

Love is the energy that moves you. It is the breath of your life. It is the substance of your life. It is the center of your life. God is love, and therefore love and God are interchangeable. The consciousness of love is the consciousness of God. The consciousness of God, (or) the awareness of God, is the awareness of love, and you are the consciousness and awareness of love. You may not realize it at this moment, but it is, in fact, true. There is nothing that you must do to realize that you are the consciousness of love, that you are the consciousness of God.

If you simply sit and focus on your heart, and breathe through your heart, your heart will open as a flower opens, and you will begin to feel this opening. You will begin to notice a change within your chest, and the beauty of your heart, as the beauty of the flower, will be shown to you. Life is held within your heart

Paul, and when you open your heart your life truly begins, and it is truly released unto the world.

As you love the heart of Ms. D., you will love the heart of everyone that surrounds you. It is no accident that you met Ms. D. And it is no accident that your hearts came together, for it was indeed the triggering and the opening and the manifestation of love within your life and within the life of Ms. D. It was indeed a true coming together, a true union of hearts, but (and) it was a marriage of two hearts that are now in love with each other. Your mind may resist this fact, and you may even be terrified, because the (small) mind is not involved in love. The mind desires to control the situation and it cannot. The mind desires to control God and it cannot. The mind even desires to control your body, and what you do today, and it cannot. This conflict between the mind, and the body, and the heart can cause you great suffering Paul, but if you could remember; the heart rules and the mind follows. The mind is the servants unto the heart, and the heart is a servant unto God. And God is love and God is the life force behind your heart and your existence.

You are the projection, or the image of God upon this earth, as every thing, everyone, and every grain of sand is the projection and the image of God. (18:45) No thing is withheld from God and God does not withhold Him Self from any thing. Without love all things would disappear. There would be no movement, or color, or sound, or space. There would be no thoughts, (and) no mind.

The Mind of God is the projector and the light of God. God communicates with who and what It (He) is through Mind. And as you reach into your heart, and

reach into the heart of Ms D, you will discover true Mind, for true Mind is true Love, and there is absolutely no conflict. There is absolutely no difference between true Love and true Mind, for how could there be? Both come from the Stillness of God. Both come from the consciousness and the Mind and the Heart of God. (21:45)

Yesterday, you were asking how to be with Ms. D. and it is quite simple. You be within your heart. You be within your love. You constantly surrender to love. Do not judge, in any way, Ms. D. Do not resist her. Do not plan her life for her. Do not want anything from her, but give her all that you are, as God would give her all that He is.

You are the Self of God, therefore you become (in life, in action) the Self of God. You become as God is and does. You become the nature of God, the signature of God, the movement of God, the voice of God, the actions of God, and you appear as God appears upon this earth. And Ms D's job is the same. She is the Self of God. She is the Self of love, and she gives all of her self to you, as you give all of your self to her, without resistance, and without judgment. And all this is happening through your observation of each other, and again, observation without judgment or resistance. You see each other through the observation and the eyes of God, and the eyes of love. If you see each other through your thoughts and fears and the smallness of your mind, your relationship will collapse in fear. Fear. And the withdrawal of your hearts will experience the pain of separation, the pain of seeing the possibility that love does not exist, (and) the possibility that fear can enter your relationship. (27:52)

So, the road to love can also produce the opposite effect of love, which is fear and agony. The road to love can produce mistrust and blame. The road to love can reveal a mind fraught with darkness and despair and fear. The road to love can reveal what love is not. The road to love can twist you and shake you until you are willing to give up the dark corners of your mind, until you are willing to give up that which is not love. And so the road to love is simple for the heart, but complicated for the mind, and even dangerous for the mind, and terrifying to the ego. (And so the road to love is simple for the heart, complicated and dangerous for the mind, and terrifying to the ego.)

And so it is on this beautiful day. The sun is shining and the birds are singing, and all is well in your world, a world that exists in love, a world that breathes the substance of love each moment, and a the world and must do nothing in order to receive the love of God. And here you sit, and you must do nothing in order to receive the love of God and of the love of the Self. And so your heart is open and your mind is adjusting to a new reality.

And so it is today, the beginning of a new moment, the beginning of a new thought, and the beginning of an open heart. End. Bell.