

11-18-13a PH Chan **The Place of Now**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, November 18, 2013, approximately 1:20 PM, Sedona, Arizona, on a beautiful fall winter day.

*Summary: Nothing is as important as being within this Place of Now, this physical place, this mental place, this emotional place, and this place of awareness, that is happening Now. For Paul's mind, the Place of Now is not reality and if it could enter this place, it would be wholly transformed and therefore, a place of death.*

Is it not a beautiful day today Paul? The sun is shining and the birds are singing, and all is well in your world, a world of great beauty, a world of great harmony, a world that needs nothing to be who and what it is. And here you sit once again, wanting to know who and what you are, wanting some answers to the Way of Life, (and) wanting some answers to the way of relationships.

There is nothing that you need to do Paul to be That which you are. You do not need to be in a relationship. You do not even have to be happy, or sad, or rich, or poor. There is nothing that you need to do, or practice, to be who you are. You are the Self of God observing the Self of God.

Your consciousness has eyes and a sense of touch, and smell, (and) taste. Your consciousness can hear the wind blow through the trees, or the dog barking next door. Your consciousness can be aware of the presence of God. Your consciousness can be aware of the presence of most things. All you must do is

to be here, to be within this Place of Now. You might define that as a practice, but it is simply sitting and noticing what is around you. It is opening your eyes and listening and becoming aware of the room, or the tree outside your window, or becoming aware of what thoughts you have in your mind, if any. You can hear your breath, and you can barely hear your heart beating. You can feel the movement of the blood through your veins and arteries. You can feel your mind pulling on you to do something, to have a life, to have a girlfriend, to make some more money, to have a sexual relationship with someone, to return some phone calls, but the body is sitting comfortably, without pain. And you are breathing, you are listening (and) your mind is a bit bored, for it wants to do some thing, and it wants to be some thing. (09:38)

Paul (thinks he) must arise from this chair and do something, be active, take a walk, do your work, but nothing is as important, nothing is as important, as being within this Place of Now, this physical place, this mental place, this emotional place, (and) this place of awareness that is happening Now. Your mind says that it (the Place of Now) does not exist, and for your mind it does not exist, for the mind cannot reach into this place of Stillness. It has no reference to this Place of Now. And yet the Mind of God lives within this Place of Now. It operates and functions from this Place of Now. Your true awareness, which is God's Awareness, functions from this Place is Now, this moment, now. You can place your mind within this Place of Now, but your mind will lose control of its self, and words and thoughts will be transformed into this world of Now. What you would

normally say and do will be transformed within this Place is Now, and you will do and think and behave differently within this physical Place of Now. (15:00)

It is the only place to be Paul. It is the only Reality. It is the only thing that is real in your world, and you have the ability to reach within this Stillness, this place. But this new place has a new environment. It has new words and thoughts. It has new ways of doing the business of Paul, and running Paul's life.

You cannot channel these words outside of the Place of Now. You do not exist outside of this Place of Now, but your mind takes you on a field trip into the future or the past, or into worry or concern. Your mind plans for the future. Your mind is concerned about the future, but your mind, as it is held within the place of now, is not concerned about the future. It does not have the language or the thoughts to worry about the future. The way of relationships, or the way of a relationship, exist within this Place of Now and all words and actions come forth from this Place of Now.

The Way of Life exists within this very real place of the Place of Now. If you desire to have a life that is not real, or a pretend life, follow the mind as it moves you outside of this Place of Now. If you wish to experience the harsh winters, you can live in a tent outside of your house. It will not be particularly comfortable, but it will be an experience, as you live in the winter outside of your house. If you wish to have an adventure, and let us say a drama, and some ups and downs, some gains and some losses, or some worries and concerns, remove yourself from this Place of Now, and seek an adventure as to what is not real, as to what is not love. And you can sit around the campfire and discussed your adventures.

You can tell the other brothers and sisters around this camp fire, how you were almost killed in this particular battle, but you are saved by your wits and cleverness, and you are here now at this campfire to tell your story.

Within the Place of Now there are adventures, and of course there is life and death. There are words spoken and deeds performed, but within the Place of Now, within the place of Reality, there is always love and compassion, and giving and receiving. There is joy and even a moment of sadness, but it is the fullness of life, for it is life. It is the life of God. You as the Self of God, live within this Place of Now, or this place of Stillness. You have no life of your own, for it is full of the life of God. It is full of the awareness and presence of God. (25:20)

Sadness and concern is difficult within this place, because joy and love color this Place of Now. The music of God overwhelms the music of concern and sadness. The music of joy and love overwhelms the drama and the thoughts of the mind. Paul's mind desires to be important and accomplished. Paul desires to be well thought of after his death. Does this tree outside your window desire to be well thought of after its death? Do you think that you are greater than this tree Paul? Do you think that you are more important than this tree outside your window? And of course the truth is that you are not more important than the tree outside your window.

The reality of this moment now is the reality of this moment, Now. What is, is. This moment cannot be different than it is. This moment within this Reality of Now, cannot be different than it is now. If you desire to be different tomorrow Paul, you must be different now. If you desire to change tomorrow, you must

change at this moment, and within this Place of Now, now. God has no concept of tomorrow, because God does not exist tomorrow, nor can God exist tomorrow. This Place of Now is always a (the) doorway onto the next moment, and into the next moment. Your awareness exists at this moment Paul, and it has certain limitations this moment. (But) within the next moment, it could be fully expanded into the Mind of God. If (but) you project yourself into the future, you will be as you are now, limited in your awareness. Projection can only reflect what is within this moment and Place of Now. There is no other possibility. Change and growth can only happen now. (32:25) It cannot happen in the future, for all projections are based on this moment. You might even try to project your self from the past, but you cannot. You might say, "I remember the past, and I want to be as I was in the past, now," and that is impossible, for how you are now, is how you are now. (33:32)

Your mind, Paul, has no control over your life. It simply projects from this moment, and you think that you are doing something in the future. You think that you were planning the future. You think that you are living your life because you have the ability to plan your future, but you do not. You think that you have the ability to change your life, and you do not. You think that you have the ability to change the world or to correct someone else's illness, and you do not. You think that you have the ability to make a difference, even a positive difference in the world, and you do not. The life of God is now. And the life of God is now. And your life is now, Paul. (35:26) You have no control over your life Paul, because it is moved by God each moment, each moment. Your mind thinks that it is doing

something and it is doing no thing, nothing. It is having a fantasy of the past or the future, and it is pretending to be doing something. It is pretending to have an effect upon its self and the world, and it cannot.

If the Truth is Reality, and Reality is the Truth, then you live each moment Now, within this place of Reality. And this place of Reality is under the control and the guidance of God. If God desires to be in the grocery store, then God moves you towards the grocery store each moment. If God desires to effect Reality, then God uses all of you; your consciousness, your body, your vehicle, your money, or your house, to effect Reality. It has almost nothing to do with the self of Paul. The self of Paul's job is to muddy the consciousness of Reality. The self of Paul desires to have a life, and so it is in constant conflict with the reality of God's Mind, and God's purpose, and God's desire. God's desire is God's desire, and it is unknowable by the mind of Paul. God's purpose is unknowable by the mind of Paul. (40:06) The mind of Paul has no knowledge except for some of its memory and some of its experiences. Paul's mind remembers this or remembers that in the past, and Paul's mind thinks that it is wiser and smarter because of its past, but almost the opposite is true. Paul's self is confused and certainly unclear, because Paul's self was confused and unclear in the past, and Paul's self interprets his past as wisdom. In fact Paul's self, Paul's past self and memory, is not wisdom. It is a collection of confusing thoughts, and even misdeeds, that are somehow justified as Paul's life. At this moment, Paul's mind is weighing in and considering the importance of this message, and how it is participating, and how it is somehow causing this message to come about. And

this message has nothing to do with Paul's mind, nor was it caused by Paul's mind. (43:20)

You live within this Place is Now, Paul, and We as God, as the Self of God, have brought you to this Place of Now. And it is here that we communicate, and it is here that God communicates with the consciousness of Paul. And yes, this message is important, but it is not important for the sake of Paul's self. It is important, because God is moving Him (His) Self with each word. God is moving His own consciousness with each word. The consciousness of Paul is the consciousness of God. When the self of Paul is outside of this Place this Now, then Paul has a different consciousness. He has a pretend consciousness, with a pretend future, and pretend memories, and a pretend sense of self. (45:45)

All confusion and depression lives outside of this Place of Now. Depression cannot fit into this Place is Now, because depression requires a past and a memory of the past, and it also requires a fear of the future. The Place of Now has no concept of the past or future. By definition, the Place of Now is now, within this present moment, and therefore depression and concern cannot exist within this moment. The idea of a Place of Now, a place of this moment, a place without past or future is terrifying to the mind, for the mind does not know how to enter this place. And if it could enter this place, it knows that it would be transformed, changed, and it would have no control over its pretend life. The Place of Now is a place of nonexistence for the mind. You might even describe it as a place of death to the mind of Paul, or to the mind of memory, or to the mind of the future.

The only way that the mind can enter this Place (of Now) is to totally surrendered its self and become the servant unto the Self of God. And then the mind is transformed into this servant of God, and its desires and wishes and wants and concerns, become the concerns and the desires of God. You might say that the mind of Paul is washed clean of unreality, of untrue thoughts, and the mind of Paul becomes compatible with the Mind of God. The mind of Paul will be almost totally changed within this Place of Now. A few things of identity will remain within this moment, but very few. Paul might identify with his name and his body and even a few memories might surface once in a while, but Paul's life will change into the Life of God, and there will be a union, a marriage, of the self of Paul and the self of God. And the self of Paul will begin to fade into the greater Self of God until there is very little left of Paul. The identity of Paul will die with the body of Paul, for the identity of Paul is no longer necessary after the death of the body. (53:15)

This world demands a driver's license, and maybe a passport, in order to prove who you are Paul to the authorities of your world. God does not need these forms of identification, for God knows who He is, and God identifies with Him Self. And so as you grow older Paul, all that you will have for this world is a few forms of identification; a Social Security number, a driver's license, a passport. And after your death those forms of identification, of course, are not necessary. You might put your name on the tombstone, but over time the name carved into that granite stone will wear away, and it too shall be no more.

And so it is on this beautiful day Paul, this Place of Now, and this moment, as you change your mind as to who you are, as you surrender your mind as to who you are. And so the self of Paul fades a little bit this hour. The self of Paul recedes into the background a little bit this hour. So the self of Paul becomes less important and less important this hour.

And All is as it should be, and All is as it is this moment now, this moment, Now. End. Bell.