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Surrendering To God Expands The Self

Summary: All of creation surrenders to God, its Creator.

Surrendering is getting out of the way and allowing life to become what it is.

Paul has been given the gift of voice, sound and meaning.

If you wish to be other than what you are, you will suffer.

God expresses Himself through nature and you, and if you look closely, you will see the beauty that He is.

As you surrender to God, God's gifts are given to you.

Surrendering to God is the act or practice of becoming more of who you are.

To know yourself and be that which you are, you must surrender to God, for there is no other way.

If you identify with your small fearful self, you will only know the small fearful self.

The understanding and perspective of who you are is higher and greater from the Source of who you are.

The small mind is frightened by the idea and the process of surrendering to God, and even though it suffers, it defends itself against change and revelation.

The small mind's happiness lies in simplicity and surrendering to the greater power of God.

The Father teaches His son the beauty of life and the son teaches and demonstrates the beauty of life to those around him.

It is November 20, 2011 Paul Huffman speaking, Sedona, Arizona, about 10 AM on a partly cloudy day. The sun is trying to shine through. It looks like we are going to get a little bit of rain today. Bell.

Is it not a beautiful day today Paul? The birds are singing and the sun is shining and all is well in your world, a world of great harmony, a world of great peace, a world that needs nothing, a world that is held by God. (3:48)

We are here, Paul. We are always here to guide you. We are who you are and we are what you are. When you surrender unto that which you are, you surrender unto that which we are, and we surrender unto God. All things of nature, all things of the world, all things of creation surrender to God. There is no other way. There is no other possibility. Every motion of the earth, every rotation, every change upon your earth, and even the seasons of your earth surrender to God.

Resisting God, or not surrendering to God is of your mind. It is a false god and a false understanding of who you are. You are of the natural world, and you are of the natural world. If you think that you are other than of nature, you are thinking with a distorted mind, a mind that has no business being within you, or around you.

The beauty of God is around you, Paul. The beauty of God surrounds you. Each tree that you view, each landscape, each rock, each cloud, the sky and the water, are the miracles of God's presence. Your breath and body are miracles of God's presence.

Surrender is surrender. It is the absence of control or trying to control. It is Paul's mind releasing control. Surrender is getting out of the way, and allowing life to happen, allowing life to become. You are breathing are you not? There is no effort on your part, nor are you trying to control it. If you tried to control your breath, you would stop the breath or you would interrupt its flow, its rhythm. It would be unnatural and uncomfortable, and maybe even painful. And such is your life Paul. When you try to control the rhythm and the nature of your life, you have caused this life and body and mind, and what you call your self, discomfort, pain, and suffering. If you are an artist, you paint your paintings. If you are given the gift of art, you are given the gift of seeing, the gift of color, and form, and shadow. If you are a writer, you are given the gift of words and sounds.

You are a speaker Paul. You have the gift of voice, the gift of sound, and you have the gift of meaning. That which you are wishes to speak. That which you are wishes to understand life. God wishes to know and to see Himself, and thus God expresses Himself, through your body, through your mind, through your energies, through your world. Your world expresses itself by being itself. (17:10)

Your world is not trying to be the moon, or Mars, or Venus, or a great star. It is not trying to be what it is not. It is being and doing what it is. It is a beautiful planet, with blue oceans, blue skies, white clouds, birds and animal, and insects. You, as a member of this earth, let us say, as an animal upon this earth, see and enjoy this earth. You live upon this earth, you breathe the air of this earth, and you depend upon this earth to be whom and what it is. If this earth changes, you will be affected. If this earth desires to be the moon, and attempts to be the

moon, you would be affected. But the Earth has no desire to be something that it is not. It enjoys its life, it is held by God, it experiences its life with God as part of God's creation, and it needs nothing, Paul, nothing. It does not ask to be warmer or colder. It does not ask for more water upon its surface. It does not ask to be closer to the sun or farther away from the sun. It surrenders all that it is unto the presence of God and God's creation.

If you wished to be other than what you are Paul, you will cause yourself great unhappiness and suffering. If you wish to be younger or taller, or smarter or have more money, or any way to be different than what you are at this moment, you will be unhappy. And you will create suffering for yourself and others that is unnecessary.

God expresses Himself through this earth, and you can see before you the beauty that He is. And God expresses Himself through you, the trees and the birds, and if you look closely, you will see the beauty that He is. God expresses Himself through your every breath Paul, as He breathes you. (24:02)

You do not breathe this body (without God). You do not look upon this world (without God). You do not wake up in the morning until God wakes you up. You do not sleep at night until God puts you to sleep. The blood does not run through your veins and arteries without the movement of God. God says to you each moment, "Show me the love that I am. Show me the love that I am. Do the love but I am. Be the love that I am. Performed the beauty that I am." And so you sing a song, Paul, or you perform these words, you pronounced these words, you display these words. And the beauty of God is seen, the color and the form, and

the shadow and the line, and the definition of God is seen and heard. And God sees the love that He is, God hears the love that He is and God feels the love that he is. (28:27)

Surrender to God Paul, and surrender to God, and He will show you your beauty. You will see your beauty. Surrender to God Paul, and He will move through you, and He will speak the wisdom of Himself. He will give you the words to speak, the color, the form. God will move through you and produce a picture, a drawing, a word, a color, a color, a form, an idea and an inspiration. And you will express this inspiration, or word, or color, or drawing, or picture. And then God sees it as it moves through you. God feels it as it moves through you.

If you think a beautiful thought, Paul, God sees the beauty that He is. If you do a beautiful thing, God sees (and feels) the beauty that He is. If you move your body with God, as God moves through you, then God sees and feels beauty that He is.

Surrendering to God allows God to move you, Paul, and to demonstrate His love. Surrendering to God reveals to you, the object of his creation, more and more of who you are and what you are. God's gifts of who He is, are revealed unto you, as you surrender. God's beauty is given to you as you surrender. God's mind is given to you as you surrender. God's words are given to you as you surrender. God's creation and manifestation is given to you as you surrender. All that you are Paul, all that you can possibly be, is revealed to you, and opened unto you, and manifested by you, as you surrender to God, unto that which you are. (37:03)

All the gifts and characteristics of the Father are passed on to his son. The Father teaches the son and the son teaches his creations. The Father teaches and shows His son the beauty of the world and life. And the son teaches and demonstrates the beauty of the world and life, to those around him. The son lives within the heart of his Father- God and God moves the son into creation so the Father might see the beauty that He is, so the Father might see what He is, and who He is. But the son always returns and is always held within the heart of God. (41:20)

What is important to hear today, to hear, to listen today, is that surrendering to God is (becoming) more of who you are, not the less of who you are. Surrendering to God expands the self and completes the self. If you wish to see the beauty that you are, Paul, if you wish to know that which you are, if you wish to see and to feel your capacity of life, there is no other way, there is no other process, or thing to do, other than your complete surrender to God. If you wish to know your self, you must enter the mind of God in order to know your self. If you think about who you are from the small fearful self, you will see and you will feel and you will know only the small fearful self. The understanding and the perspective of who you are is higher and greater from the Source of who you are, from the Cause of who you are, [and from the beginning and the ending of who you are, if there could be such a thing Paul, as a beginning and an end.]

Your original Self shows you who you have always been. Surrendering to God is an expansion of the self, not a contraction of the self. It is becoming more

and not less. It is opening to who you are. It is in no way surrendering who you are, or misplacing who you are, or displacing who you are.

The small mind is frightened by the idea of surrender, for it feels that it will become less, and that it will become less, and that it will cease to exist, and in many ways be no more. It feels and contemplates its own death, and resists any change to its experience of life. It is unhappy and it does suffer, but its unhappiness and suffering is familiar, and it is known, and it thinks that unhappiness and suffering is better than its own death, that it is a better choice. And so it defends itself against change, against opening itself and looking at itself.

The small mind does not die, Paul, but it becomes less and less the God of you, the boss of you, and more and more the servant unto you, unto God. It serves the body and it serves the desires and the love of God. And as it surrenders and becomes less and less, it begins to relax and enjoy its roll as a servant, not as the master, or trying to be the master, which causes it great suffering. The small mind is not who you are, it is not who you are. It is not the God of you, and its information and knowledge is quite limited. (53:43) Its understanding of life is limited to the practicalities of living, doing the laundry and driving the car, and feeding the body. Its job is to constantly surrender itself, its position, its knowledge, unto the greater Self of God, to the greater self of creation, and this world. Its happiness lies in simplicity and surrender. Its happiness lies in being guided, and being guided, and being trained to do its job. Its job is to be in the background, and called forward when it is needed.

And so it is Paul, on this beautiful day, this day of peace and surrender, this day of expansion, and this day without fear. And so it is. Bell. End.