

12-16-12 PH Chan **The Reality Of God**

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The following text was transcribed from Paul Ray Huffman's digital voice recording, December 16, 2012, approximately 2:30 PM, Sedona, Arizona, on a partly cloudy, cold, beautiful day.

Summary:

Bell. Is it not a beautiful day today Paul? The sun is shining, the birds are singing, and all is well in your world, a world of great harmony, a world of great love, (and) a world that needs nothing to be whom and what is. And here you sit today, this hour, wanting to know who what you are, desiring to be happy and abundant, (and) desiring to live out your remaining days in peace and even companionship.

This is the day Paul. This is the moment. There is no other moment. You may think, or believe that you have this next moment, but you do not. You may believe, or think that you have tomorrow to come, but you do not. Your mind wants you to wait until tomorrow. Your mind wants to wait until you have had more sleep, or you are finished with certain projects. Your mind does not want you to communicate with God, and therefore it sets up certain conditions; like there is not enough time, (or) you are too tired, or you need more tea in order to be awake and alert, and channeling correctly. Your mind is in doubt of this whole process. Your mind does not believe in this process. It believes in distractions and fear. It believes in tomorrow. It believes that you are too old to do the things of your youth, or even to old to travel and to be in the world. Your mind says stay

home, and do not adventure into the world, for it is trouble or dangerous, or it is very difficult to be in the world and to be happy. Your mind says, "Do not speak through God, for how do you know that it is God, or how do you know that God will be there for you." (07:00)

You have this moment Paul. That is all that you have. You have this day. That is all that you have. And you have this hour. That is all that you have. If you cannot speak through the presence of God now, when will you speak? If not now, when? If not God now, when? If not the realization of God now, when? The presence of God is now. No matter what you do, no matter what you hesitate or resist, the moment is now. (09:00) If you wish to eat, eat now. If you wish to sleep, sleep now. If you wish to speak, speak now.

The presence of God surrounds you each moment. Each moment that you resist the awareness of who you are and the presence of God, you are not living your life, you were not present, and you are not here in this world with God. If you are not aware of God's presence Paul, you are not aware of Your Self. If you're not aware of God's presence Paul, you are not aware of who and what you are. You are not aware of Your Self. You are not aware of your life. You are not aware of the decisions to be made within your life. Without the presence of God you cannot be guided. Without the presence of God you cannot breathe. You can pretend to breathe with this other self, with this image of Paul, but it is not breathing the Breath of God, for each Breath of God is sacred. It is healing. It is informative and it is the moment of your life. If you do not breathe this Breath of God, you are not breathing the Life of God. The Breath of God is the vitality of

life. The Breath of God is the energy of life. The Breath of God is the high of life. The Breath of God is life, and it is the definition and the experience of life. (13:12)

We cannot emphasize this strong enough. There is a difference between the breath of Paul and his fantasy mind, and the breath of God within the Mind and the Reality of God. There is a huge difference. There is a great difference between the life of Paul and the life of God, which is held within Paul, which is restricted within Paul, which is delayed within Paul, (and) which is resisted within Paul. When Paul becomes the life of God, he wakes up. His body wakes up. His mind wakes up. His breath wakes up. His awareness wakes up. His knowledge wakes up. He is not an aged man. He becomes the power and the health and the abundance of God. Paul does not suffer sickness or resistance. Paul does not suffer the smallness of his mind. Paul does not suffer the fear of this earth, and the fear of his body dying. Paul does not suffer the concerns of this world. Paul's body and mind expands and expands, and the death of his body only occurs through the will of God. The sickness of this body only occurs through the Will of God. This body lives and lives at the Will of God. It is possible that this body would live for many, many years, beyond what seems impossible, or probable. The power of God is the power of God, Paul. The Life of God is the Life of God. Be not concerned about this body. Be not concerned about the life of Paul. There is only One life Paul, and that is the Life of God. The life of Paul is none of your business. And Paul's life is not his (Paul's) business. There is only a Life of God this moment. That is your focus and that is your life, Paul. Be not concerned about the personal life of Paul. Your only action and your only thought are to

realize and to do the Life of God. There is nothing else to be or to do, other than to surrender unto God, so that God will begin His life through you. You have no life of your own Paul. You have never had a life of your own. You have never had concerns of your own. You have never had a career of your own. You have never had money of your own, or houses of your own. You do not even have friends of your own Paul. Every thing that you do and think and fantasize, belongs to the Life of God. There is no other focus for you. There is no other action for you. You, of course, take care of the body, but it is the body of God. You, of course, take care of your daily activities, but these are the daily activities of God.

You can renew your architectural license, but it is the architectural license of God. You can eat the food that is held within your house, but it is God's food, it is God's nourishment, just as you breathe the breath of God. You can use your mind to weigh concerns and to think about the future, but you are using the mind of God to be concerned, and to be of the future.

You are the way of God, for there is no other way. You are the breath of God, for there is no other breath. You are the thoughts of God, for there are no other thoughts. You are the consciousness of God, for there exists no other consciousness. Every thing that you do, and think, and believe, and fantasize, is the doing and the thinking and the fantasizing of God without resistance. (25:19)

As you do not resist, and as you do not judge, every thing that is not God passes away, fades away, into no thing, into that which is not real, and non-resistance and non-judgment reveals the truth. It reveals the presence of God, Now, before you. You live within an ocean of love. You live within a reality of

love, now. And as you resist nothing, and as you judge nothing, and as you observe, observe, with your consciousness, with your awareness, you will see the presence of God. You will feel the presence of God, and you will know that you are indeed God being and walking upon this earth. For there is only One Self, One Energy walking and being upon this earth, and that is the Presence of God. The presence of God exists within every thing, every person, every animal, every molecule, every atom and electron. There is nothing outside of the presence of God. And when you let go, when you surrender, when you become the embodiment of non-resistance and non-judgment, all that is before you is revealed, and you become aware that all before you is joy and happiness, and peace, and abundance. (29:35)

There is nothing, no thing, withheld from the life of God in order to be the Life of God. God does not withhold any thing from Him Self in order for Him to be, and to know, and to see Him Self. God gives Him Self every thing in order for Him to be Him Self, for He loves Him Self, as a parent loves his child, as a parent loves that which he created.

There is only the love of the Self. There cannot be (something other than the love of the Self) no love of Self. It is impossible. There cannot be doubt or questioning the Self, it is impossible. The Self of God cannot doubt the Self of God. Reality cannot doubt itself, for Reality is Reality. It is (what is) the truth. The truth cannot be untrue by definition. Reality cannot be unreality by definition. You cannot be some thing that you are not. If you think that you are some thing other than the Self of God, then you are not within Reality. You are not within the Truth.

You are certainly not within Life. If your next breath is not the breath of God, then you are not within the Reality of life, and you are not within the Reality of God.

(33:30)

And so where are you? What is happening with the self of Paul? The self of Paul exists in a non-reality. The self of Paul exists within a world that is not true or real. And therefore, the consciousness and the awareness of Paul suffer and suffer, for it knows not who or what it is, and it cries out for the truth. It cries out through its own suffering to be shown the truth, to be shown reality. And this process continues and continues, until there is a relaxing of this pretend self, of this pretend mind, and of this pretend consciousness. And when this mind and even the body and consciousness are held Still for a few moments, it has a split second understanding of Reality and the Truth. It has a glimpse of Reality. It has a glimpse of the Truth, and the Self of Paul begins to desire more and more of this Reality. And as this desire grows, the Truth and the Reality within Paul grow, until there is a complete stopping, there is a complete surrender, and the mind and consciousness of Paul wakes up. The breath of Paul wakes up, the body of Paul wakes up, and for a few moments, Paul is awake; God is awake within him. The Self of God lives within the Self of Paul.

And the following day, there is a few more moments of God within Paul, and then, there is more desire, and maybe even the suffering of knowing that there is more, but soon the Self of God lives hours each day within Paul, hours and hours within Paul each day, until the unreality and the untruth of Paul has faded away into the night darkness. And Paul arises each morning within the breath of God,

within the consciousness of God, and Paul learns to adjust to this new reality. He may live a few more days, or he may live a few more years, or may live forever on this earth. It is no longer Paul's decision, but it is the Will of the Reality of God, now and forever. It is the love of God present upon this earth. It is the peace of God present upon this earth.

And so it is Paul, you, as the peace and the love of God now. And so it is as you awake, now. And so it is as you breathe this breath, now. And so it is as you stand up within the Self of God, within the truth of God, and within the Reality of God. And so it is today, a new day, within the life of Paul, a new moment of consciousness, a new moment of realization.

And so it is. Bell. End.