

12-24-11a PH Chan

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Man's Mind Suffers Man

Summary: Man's small fearful mind suffers man, and therefore man suffers man and his natural environment. It is not your job to change the thinking or ways of society, but you can lessen your own suffering by listening and expressing the Sound of God. God's Sound moves from the Silence of God, into God's Desire to see the love that He is. When you become the voice or sound of God, He hears His own expression.

The pretend fearful mind of man, knows not of God, and confuses fear with life. Every action and thought by the human animal is a call for love. Forgiveness and love is the basis for your society. Punishment and condemnation of one human upon your earth is punishment and condemnation for the whole of mankind. Man punishes man because man's mind is held in fear and misunderstanding. Man is born, as all things of creation are born, within the heart of God, within God's desire to see the love that He is. Judge not your thoughts and your thoughts will not judge you. Fear not your mind and your mind will not fear you, or the world.

Through self-forgiveness, self-love, and non-judgment of the self, you release the self into the Self of God. Thank God for your suffering, for your desire to heal the suffering moves you into the Heart of God. Your purpose and expression is to show God the love that He is.

Bell. Is it not a beautiful day today, Paul? The sun is shining and the birds are singing, and all is well in your world, a world that needs nothing, and a world that is complete within its self. And here you sit today, complete within your self.

You are at peace are you not? All has been given to you, and you need nothing, nothing outside of this moment, to be here. You are breathing, your body is functioning, and all is well within you. You are in harmony with this earth, and it is in harmony with you. (3:35)

Man's mind suffers man, and man suffers man. Man does not have an understanding of nature and an understanding of God. If he did, he would not suffer, and the plants and animals and fish upon your planet, would not suffer (because of man).

You cannot change the ways of man. You cannot change the thinking of your society, or the way of your society, and it is therefore not your job, and not your purpose. But what is possible, is for you to lesson your own suffering, and to write about your experiences. You can listen to who we are, and you can begin to become who we are, more and more each day. (7:15)

God has only One Voice, One Self, One 'I,' One body, One Mind, and as you tune into the nature of God, the is-ness of God, you tune into God's voice, and the way in which He expresses. There is a sound of God, a sound of the universe. You might call it a tone, or feeling, or wave of energy. It comes from the heart of God. It moves from the silence of God, the Stillness, into God's desire to see the love that He is. It is His desire to be, to be seen, and to be heard, so He

might see and hear Himself. Your voice is an expression of His will, His desire, His wanting to know who and what He is. (10:10)

When you become the voice of God, He hears Himself speaking, and He hears his own expression. And as you become the love that you are, the innocence that you are, the clarity that you are, He becomes the clarity and love that He is. He sees Himself through His movement, His body, His universe, His movement of life, and He rejoices in that seeing.

God's joy is everywhere, Paul. God does not suffer in any way. God does not experience a moment of pain, a moment of suffering, a moment of doubt. He only experiences the love that He is, and He only sees and hears the love that He is. He only feels and knows the love that He is. And as you enter His kingdom, as you are now doing, you share in the joy of God, you share in the knowledge of God, you share in the peace of God, and you share in the silence of God.

Entering God's kingdom is not a difficult process, for why should it be, if it is your place, your right, your inheritance, and your nature. Why would God make something difficult for Himself? If God loves Himself and all of creation, then all of creation is in love with its self, and moves within the waters of love. (15:06)

The pretend mind of man, which is also the pretend god of man, knows not of the kingdom of God, for it is the shadow mind, and it confuses fear with life. It confuses fear with movement and speech, and action and expression.

The animals of the earth do not fear death. The animals of your earth wish to survive, to live upon this earth as long as possible. Upon its (the animal's)

death, or moments before its death, it surrenders, and that which it is, leaves the body of the animal. And the animal receives the ecstasy and the joy, and the expansion of its self, through surrender. Death is a process of renewal. Death is a process of new beginning. Every moment in your life leads to the next moment, for you exist within the wave of time and space. Every effort, every movement, even every thought, every feeling that you have had during his lifetime, Paul, is a movement towards love. There is not one human animal on your earth that does not seek love, [that] (which) does not move towards love. Every action by the human animal on your earth is a call for love, a call for understanding, and a call to be the love that he or she is. (21:14)

Forgiveness and the restitution (restoration) of forgiveness, is the basis for your society. Your society must recognize, as its premise, as its constitution, as its law, that there is only love. Everything that appears not to be love, within the mind of man, is misinformation, is misunderstanding, and is a mistake in thinking. Punishment and condemnation of one human upon your earth, is punishment and condemnation of the whole of society, (of) the whole of man. (24: 00)

One day, it is possible, that your society will understand the meaning of love, and will adopt love, and all that that implies, to the basis for its society. If man punishes man, it is because man is held in fear and misunderstanding. If man condemns man, it is because man's mind is held in fear and misunderstanding. Man is inherently born [with] (in) love. He is not born in sin, or without love. He is born, as all things within creation are born, within the heart of God, within God's desire to see the love that He is.

Every tree, every animal, every blade of grass, every star, every cloud, is born from the Mind of God, from the Desire of God, (born) in love, (and) held by God. These principles are for you to express, and to express, until your mind knows no fear, until your body knows no fear. (28:26)

It is, in itself, a lifetime of work, for you to convince others that this (principles) is also their path, and it is a waste of your time. It is a distraction for you, Paul. For you to express yourself in writing, and express yourself in writing, and to compose the words and meaning, is indeed enough.

For someone, or many people, to pick up your papers, to pick up your books, to pick up your expression through writing, or through the sound of words, is indeed enough for you to accomplish. It is up to them, it is up to them, and it is their business with God, to read or not read your material, or to listen or not listened to what you have to say. (30:58)

You are singing your own song to God, and God is singing your song back to you, Paul, for you to hear. The sharing of your words will become natural, and within the order of God's time. Your (small) mind does not make the decision as what to do with your communication with God. God wishes to hear from you Paul, that is His request and His desire.

His desire and purpose for your neighbor is between your neighbor and God. For you to desire to influence your neighbor is not your appropriate action. If you desire to influence and control your neighbor, it will come from your particular fear of your neighbor, and of yourself. Fear not your neighbor, Paul, fear not your society. Sing your song to God, and those who hear this song, can

choose what it means. They choose to listen, or not to listen, and that is not of your concern. What your society thinks of you is none of your business; it is none of your being, it is none of your concern. (35:30)

Judge not your society, Paul, and your society will not judge you. Judged not your neighbor and your neighbor will not judge you. Judge not your thoughts and your mind, Paul, and your mind will eventually not judge you, or condemn you. Fear not your mind, Paul, and eventually your mind will not fear you and the world. (36:27)

Move into the heart of God. Move into the heart of God through surrender, and surrender, and non-judgment, and your heart will open, and you will share the Life of God. Your life force will merge with the Life Force of God, and there shall be One Self, One Body of God, One Mind of God, and One Thought of God.

Through self-forgiveness, self-love, and non-judgment of the self, you release the self into the Self of God, you release the smallness and the fear of your mind, into the large and loving Mind of God. (39:00)

The Ways of God and love are simple, direct, and honest. Only your mind, only your mind, says the path to God is difficult. Your (small) mind says that the path to God takes many lifetimes, and much time and effort and practice. The path of God is before you, as God stands before you, now. You are of God, and you have never left the heart of God. You have never left the essence and love of God, therefore the revelation of God is before you, now, the seeing of God is before you, now.

As you love yourself, as you forgive yourself, and as you embrace the innocence that you are, the veil of shadows will lift, and God will be seen as He stands before you, now, not tomorrow, not at the moment of death, or after the moment of death, but now, for you exist now, Paul. Your intention and practice is now. Your moment of life is now. Your joy is now. The ecstasy of God is now. The light of God is now. (42:24)

Thank God for the suffering of your mind. Thank God for the pain. Thank God for the self-hate. Thank God for your desire to change, and to move into the heart of God. All of your suffering, Paul, moves you into the love of God. Your desire to heal moves you into the heart of God. Your song and your expression is unique to you. It is your sound, your voice, your movement towards God, and your path is the path of beauty, the path of inspiration to yourself, a path of inspiration to God, as He sees and witnesses you. (44:55)

You are the Love of God. You are the Expression of God. You are the Movement of God. You are the Body of God, and you are God's Mind, as God expresses Himself. Do not judge your path, Paul. Do not judge another person's path. As you move with God, your path unfolds each day, each moment, and so your relationship with God is unique. It is joyous. It is of love, and it is of now, today. (46:53)

And so it is Paul, on this Christmas Eve, (and) on this beautiful day. Bell.
End.